



LUNCH MENU

Served from 11.45–1.15pm

Main Course: **£2.60** Dessert: **85p**

Two-Course Meal Deal: **£2.90**

ALL OF OUR FOODS ARE PREPARED IN AN ENVIRONMENT WHERE NUTS AND OTHER FOOD ALLERGENS ARE PRESENT. If you have any special dietary requirements, please speak to our Catering Manager who will be happy to find something suitable.

The symbols to look out for on the menus are:



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	<p>Cumberland Sausage Ring GLUTEN SULPHITE</p> <p>GF Alternative SULPHITE</p> <p>VEGETARIAN OPTION Quorn Vegan Sausages GLUTEN</p> <p>Served with Mashed Potato Buttered Cabbage MILK carrots</p>	<p>Spaghetti Bolognese GLUTEN MILK</p> <p>VEGETARIAN OPTION Mac 'n' Cheese GLUTEN MILK</p> <p>Served with 2 of: Garlic bread OR buttered new potatoes; salad OR vegetables</p>	<p>Chicken & Ham Cottage Pie GLUTEN MILK</p> <p>VEGETARIAN OPTION Vegetable & Cheese Frittata EGG MILK</p> <p>Served with Roasted new potatoes Carrots Broccoli</p>	<p>Southern Fried Chicken Burger GLUTEN MILK CELERY SULPHITE</p> <p>In a bun OR VEGETARIAN OPTION Halloumi Burger In a bun GLUTEN MILK</p> <p>Served with Chips Salad OR peas OR beans OR coleslaw</p>	<p>TACOS! Filled with Beef Chilli OR Spicy Chicken OR</p> <p>VEGETARIAN OPTION BBQ Jackfruit (vegan) GLUTEN</p> <p>Served with Rice OR Wedges Salad or Beans</p>

A choice of **ONE** from the following selection: **Fresh fruit, fruit jelly, fruit salad, yoghurt or a dessert of the day**

DESSERT	<p>Gingerbread Sponge Served with custard GLUTEN MILK EGG</p> <p>Apricot & White Chocolate Cookie GLUTEN SULPHITE MILK EGG</p>	<p>Treacle Tart Served with custard GLUTEN MILK EGG</p> <p>Sugar Free Date Brownie GLUTEN EGG MILK SOY</p>	<p>Summer Fruit Pancakes GLUTEN MILK EGG</p> <p>Lemon & Blueberry Traybake GLUTEN MILK EGG</p>	<p>Choc Chip Cranberry Muffin GLUTEN MILK EGG SOY SULPHITE</p> <p>Carrot Cake GLUTEN MILK EGG SULPHITE</p>	<p>Peach & raspberry Sponge Served with custard GLUTEN MILK EGG</p> <p>Marmalade Traycake GLUTEN EGG MILK</p>
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