DISHES AND THEIR ALLERGEN CONTENT – Toot Hill School – Main Courses: Summer/Autumn Cycle 3

DISHES						upin Flour	Milk		MUSTARD			SESAMI OK		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Bolognaise (GF)														
Ratatouille (GF)														
Pasta		√ Wheat												
Spicy Meaty Pizza		√ Wheat					1							
Chicken & Ham Pizza		√ Wheat					✓							
Two Cheese & Chives Pizza (GF)							1							
BBQ Quorn & Veggie Pizza		√ Wheat		✓			1							
Pasta Salad		√ Wheat												
Coleslaw				✓										
Sage & Onion Stuffing		√ Wheat												
Mashed Potato							✓							
Gravy (GF)													✓	
Stuffed Pepper (GF)							✓							
Battered Jumbo Cod Fish Finger		✓ Wheat			√		✓		✓					
Finger Bread Roll (MKG)		√ Wheat												
Tartar Sauce (Sterling)				✓					1					
Sticky Quorn Sausage		√ Wheat		✓			✓		(Wholegrain)					✓
Indian Lamb Biryani (GF)									✓					
Flat Bread		√ Wheat												
Spring Vegetable Potato Bake (GF)							1							

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