DISHES AND THEIR ALLERGEN CONTENT – Toot Hill School = Lite Bite – Cycle 3

DISHES						upin Flour	Milk		MUSTARD			SESAME		WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Monday Sticky Pulled Barbecue Pork served in a :									√ Whole Grain					
Tuesday Chef's Chicken in a:		Chicken will be Gluten Free - See Chef's Allergen Recipe Card on the day for other allergens if applicable												
Wednesday Pulled Bosley Beef served in a:									√ Whole Grain					
Thursday Tomato Cheese Swirl	✓	✓ Wheat		✓			✓			Produced in an environment where nuts are used				
Cob		√ Wheat					✓						✓	
Gluten Free Roll				✓										
Wrap		✓ Wheat												
Mayonnaise				✓										
Coleslaw				✓										
Korma Curry (Halal)							✓							
Tikka Curry (Halal)							✓							
Butter Curry (Halal)							✓							
Naan Bread		✓ Wheat					✓							
Jacket Potato with Cheese							✓							
Jacket Potato with Tuna Mayonnaise				✓	✓									
Jacket Potato with Baked Beans		✓ Maize												
Jacket Potato with Baked Beans & Cheese		✓ Maize					✓							

Review date: 1 November 2016 Reviewed by: LL/WMS

