DISHES AND THEIR ALLERGEN CONTENT – Toot Hill School – Main Courses: Winter/Spring Cycle 2

DISHES			×.			Lupin Flour			MUSTARD			No.		Beer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Chow Mein		✓ Wheat											1	
Red Pepper & Spinach Lasagne		√ Wheat					1		1					
Lamb Moussaka		✓ Wheat					1		1					
Vegetable Curry (GF)														
Naan Bread		✓ Wheat					1							
Braised Quornballs in Vegetarian Gravy	1	✓ Wheat Barley		1									1	
Yorkshire Pudding		✓ Wheat		1			1							
Sage & Onion Stuffing		✓ Wheat												
Mashed Potato							1							
Gravy / Gravy <u>(GF)</u>													1	
Nottingham Burger	1	✓ Wheat												1
Nottingham Cheese Burger	1	√ Wheat					1							~
Burger Bun (MKG)		✓ Wheat												
Stuffed Mushrooms		✓ Wheat					1							
Salmon Pasta Bake		✓ Wheat			1		1		1					
Quorn Bolognaise (GF)				1										
Pasta		√ Wheat												

GS/CD/WMS

Review date: 18 November 2016

