DISHES AND THEIR ALLERGEN CONTENT - Toot Hill School - Main Courses - Summer/Autumn Cycle 1

DISHES						Lupin Flour	Milk	((0))	MUSTARD			SESAMI ON		Baer
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken & Bacon Pie		√ Wheat		✓			✓							
Quorn Stuffed Potatoes (GF)				1			1							
Beef Enchiladas		√ Wheat					✓		1					
Broccoli & Mushroom Stroganoff							✓							
Lincolnshire Pork Sausages		√ Wheat												1
Thin Pork Sausages (GF)														1
Roast Tomato & Basil Quiche		√ Wheat		1			1							
Southern Baked Chicken Fillet		√ Wheat					1							
Burger Bun (MKG)		√ Wheat												
Garlic Mushroom Pizza (GF)							1							
Beef Meatballs in Tomato Sauce (GF)				1										
Minced Quorn Baked Bean Chilli				1										
Mashed Potato							✓							
Rich Chicken Gravy		√ Wheat											1	
Baked Beans		✓ Maze												
Coleslaw				1										
Pasta		√ Wheat												
Gravy / Gluten Free Gravy													✓	

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