

Lunch Time Main Meals – week commencing: Cycle 3, 2017

MAIN COURSE £2.60. DESSERT 85p. TWO COURSE MEAL DEAL £2.90.				
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Bolognese (GF) Pasta / Jacket Potato Broccoli Mixed Salad Ratatouille (GF) Pasta / Jacket Potato Broccoli Mixed Salad	Spicy Meaty Pizza <i>(spicy pork meatballs, spicy beef & pepperoni)</i> Chicken & Ham Pizza Two Cheese & Chives Pizza (GF) BBQ Quorn & Veggie Special Pizza (V) <i>(bbq quorn, mixed peppers, sweetcorn & red onion)</i> Pasta Salad / Rice Salad Sweetcorn / Coleslaw Mixed Salad	Roast Pork, Apple Sauce, S & O Stuffing Roast / Mashed / New Potatoes Carrots Green Beans Gravy (GF) Stuffed Pepper (GF) Roast / New Potatoes Carrots Green Beans Mixed Salad	Battered Jumbo Cod Fish Finger in a Bread Roll, Tartar Sauce & Lemon Chipped Potatoes / New Potatoes Garden Peas / Mixed Salad / Coleslaw Sticky Quorn Sausage in a Bread Roll Chipped Potatoes / New Potatoes Garden Peas / Mixed Salad / Coleslaw	Indian Lamb Biryani (GF) Flat Bread Green Beans / Corn-on the-cob Spring Vegetable & New Potato Bake (GF) Green Beans / Corn-on the-Cob
<i>A choice of <u>ONE</u> from the following selection:</i> Fresh Fruit, Fruit Jelly, Fruit Salad or the Dessert of the Day				
Oaty Apple Crumble Custard Lemon Shortbread Caramel & Cream Meringue (GF)	Steamed Jam Sponge Custard Flapjack Chocolate Brownie (GF)	Baked Summer Fruits Pudding Custard Iced Bun Mixed Berry Pot (GF)	Butterscotch Tart Chocolate Cornflake Cake Strawberry Delight Crème Caramel (GF)	Chocolate Sponge Chocolate Sauce Banana & Oaty Muffin Mango Panna Cotta (GF)