

**Lunch Time Main Meals – week commencing: Cycle 2, 2017**

| <b>MAIN COURSE £2.60. DESSERT 85p. TWO COURSE MEAL DEAL £2.90.</b>   |  |   |  |   |
|--|--|---|--|---|
| <b>Monday</b>  | <b>Tuesday</b>   | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>   |
| Beef Lasagne<br>Carrots / Broccoli<br>Mixed Salad / Coleslaw<br><br>Vegetable Curry (GF)<br>Rice / Naan Bread<br>Carrots / Broccoli    | Marinated Chicken (GF)<br>in Pitta Bread / Bread<br>Roll (GF)<br>Chipped Potatoes<br>Sweetcorn / Spicy<br>Coleslaw<br>Mixed Salad<br><br>Vegetable Egg & Cheese<br>Bake (GF)<br>Chipped Potatoes<br>Sweetcorn / Spicy<br>Coleslaw<br>Mixed Salad | Creamy Ham Carbonara<br>Garden Peas / Sliced<br>Carrots / Mixed Salad<br><br>Quornballs in Tomato<br>Sauce<br>Pasta / Rice<br>Garden Peas / Sliced<br>Carrots / Mixed Salad | Beef Burger / Cheese<br>Topped Beef Burger in a<br>Bun<br>Chipped Potatoes / New<br>Potatoes<br>Baked Beans / Coleslaw<br>Mixed Salad<br><br>Vegetable Super Burger<br>Chipped Potatoes / New<br>Potatoes<br>Baked Beans / Coleslaw<br>Mixed Salad | Salmon Vol-au-vent<br>New Potatoes / Lemon<br>Cous Cous<br>Garden Peas / Mixed Salad<br><br>Chefs Marinated Quorn &<br>Vegetable Kebab (GF)<br>New Potatoes / Lemon<br>Cous Cous<br>Garden Peas / Mixed Salad |
| <b><i>A choice of <u>ONE</u> from the following selection:</i></b><br>Fresh Fruit, Fruit Jelly, Fruit Salad, or the Dessert of the Day |  |   |  |   |
| Steamed Treacle Sponge<br>Custard<br><br>Cherry Oaty Cookie<br><br>Crème Brûlée (GF)   | Eves Pudding<br>Custard<br><br>Chocolate Brownie<br><br>Eton Mess (GF)   | Lemon Oaty Crumble<br>Tart<br>Custard<br><br>Raspberry Bakewell<br>Muffin<br><br>Bottomless Fruit<br>Cheesecake (GF)  | Shortbread<br><br>Pancakes & Blueberry<br>Sauce<br><br>Chocolate & Orange<br>Delight<br><br>Fruit Panna Cotta (GF)   | Chocolate Ripple Sponge<br>Vanilla Sauce<br><br>Carrot Cake<br><br>Berry Crème Brûlée (GF)  |