

Lunch Time Main Meals – week commencing: Cycle 1, 2017

MAIN COURSE £2.60. DESSERT 85p. TWO COURSE MEAL DEAL £2.90				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Bacon Pie Roast / Mashed Potatoes Sliced Carrots / Broccoli Rich Chicken Gravy	Beef Enchiladas Green Beans / Sweetcorn Mixed Salad	Lincolnshire Pork Sausages / Thin Pork Sausages (GF) Mashed Potato / Baby Jacket Potatoes Carrots / Garden Peas Gravy (GF)	Southern Baked Chicken Fillet in a Bun Chipped Potatoes / Baby Boiled Potatoes Sweetcorn / Coleslaw Mixed Salad	Beef Meatballs in Tomato Sauce (GF) Pasta / Rice / Jacket Potato Green Beans / Carrots Mixed Salad
Quorn Stuffed Potatoes (GF) Sliced Carrots / Broccoli	Broccoli & Mushroom Stroganoff Rice / Baked Sweet Potato Wedges Green Beans / Sweetcorn Mixed Salad	Roast Tomato & Basil Quiche Baby Jacket Potatoes / Pasta Salad Garden Peas / Baked Beans Mixed Salad	Garlic Mushroom Pizza (GF) Chipped Potatoes / Baby Boiled Potatoes Sweetcorn / Coleslaw Mixed Salad	Minced Quorn & Baked Bean Chilli (GF) Rice / Jacket Potato Green Beans / Carrots
<i>A choice of <u>ONE</u> from the following selection:</i> Fresh Fruit, Fruit Jelly, Fruit Salad, Yogurt or a Dessert of the Day				
Lemon Swirl Pudding Custard Yoghurt Crunch Fruit Pavlova (GF)	Chocolate Marble Sponge Chocolate Sauce Shortbread Crème Brûlée (GF)	Toffee Apple Sponge Custard Crispy Rice Slice Mixed Berry Trifle (GF)	Fruit Flan Jam & Cream Scone Chocolate Delight Mandarin Bavarois (GF)	Bakewell Tart Custard Banana Loaf Caramel Pot (GF)