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| **Long Term Plan** | As our Year 11 students approach the last year of their KS4 journey at Toot Hill School, they will refine and apply the skills and knowledge that they have learnt over the past four years. Our Year 11 students will be equipped with the knowledge to make safe, well-informed decisions into adulthood. |
| **Learning Cycle** | **Key Concepts and Themes** | **Vocabulary** |  **Notes** |
| **Year 11: Personal Development**  | **HT1** | Drugs and alcoholBasic First Aid | * Personal safety: the safe use of drugs and alcohol – exploring different types of drug use and drinking patterns – alcohol poisoning/ spiked at a party
* Risky choices: the impact of drugs and alcohol – exploring safety at parties/festivals, forward planning e.g. travel, contraception –keeping each other safe
* Managing pressure and coercion – Strategies to provide accurate and reliable advice to assist others and have safe relationships– risk taking (house party, field party, first time)
* First Aid and CPR – scenarios around situations in which first aid is administered
 | Consent, enthusiastic consent, coercion, manipulation, pornography, contraception, vulnerable, intimate |  |
| **HT1** | The World Around Me: The Economy and Sensible Choices  | * The economy: economic growth and inflation
* Cost of living
* Unemployment: the UK picture and consequences
* Types of employment contracts and unemployment
* Consumer rights and gambling
 | Economy, economic growth, inflation, tax, unemployment, consumer rights, gambling, consequence |  |
| **HT2** | The World Around Me: Careers | * Updating transferable skills and activities
* Exploring local colleges and their offers
* Exploring apprenticeships
* Exploring Higher Education
* Making a Year 11 Action Plan for Post 16
 | Transferable skills, apprenticeships, T Levels, A Levels, vocational, technical, Higher Education, Further Education  |  |
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|  |  | **Skill Development** | * Identifying thinking traps
* Resilience
* Managing risk and peer influence
* Identifying and accessing support
* Self-regulation
 | * Clarifying own values
* Developing a healthy self-concept
* Building and maintaining healthy relationships
* Decision making
 | * Empathy and compassion
* Respect for others
* Valuing diversity
* Assessing the validity and reliability of information
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