Home Learning during Self Isolation

Year 9 GCSE PE

October Half Term – Christmas

All classwork resources will be put on Teams each week

Toot Hill APP Link: https://apps.toothillschool.co.uk/index.php

GCSE POD: https://www.gcsepod.com/

SENCA: https://senecalearning.com/en-GB/

Coursework: n/a

Passwords available from your GCSE PE Teacher

Week Beginning	Topic(s) taught in school	SENACA/GCSE POD's/Toot Hill APP
19th October	Muscles- Agonist and Antagonist	See work on teams from individual teacher- worksheets attached.
2nd November	Muscles and Skeletal Recap- question and answer	Teams lessons online GCSE POD- Muscles and Skeleton
9th November	Level Systems- 1st class, 2nd class, 3rd class.	**See teams- individual teachers to add lessons.**

		Toot Hill APP –> Home –> KUNCU -> Physical Education -> GCSE PE -> Unit 1: Anatomy and Physiology:
		- 1.1c1 Movement Analysis **GCSE POD: Movement Analysis (3 PODS)** https://members.gcsepod.com/shared/podcasts/title/12406/76405
16th November	Planes of movement and axes of rotation- Know the definition of mechanical advantage	**See teams- individual teachers to add lessons.** **Toot Hill APP** –> Home –> KUNCU -> Physical Education -> GCSE PE -> Unit 1: Anatomy and Physiology: - 1.1c1 Movement Analysis **GCSE POD: Movement Analysis (3 PODS)** https://members.gcsepod.com/shared/podcasts/title/12406/76405
23rd November	Planes of movement and axes of rotation -Know the location of the planes of movement in the body and their application to physical activity and sport: Frontal, transverse and sagittal.	**See teams- individual teachers to add lessons.** **Toot Hill APP** –> Home –> KUNCU -> Physical Education -> GCSE PE -> Unit 1: Anatomy and Physiology: - 1.1c1 Movement Analysis **GCSE POD: Movement Analysis (3 PODS)** https://members.gcsepod.com/shared/podcasts/title/12406/76405

		SENECA Learning:
30th November	Recap of leavers lesson	**See teams- individual teachers to add lessons.**
7th December	Assessment Lesson	Complete end of unit test- Access teams to find test.