



# Personal Development Curriculum Overview: KS3 and KS4 (please see separate KS5 overview)



Teaching Weeks	Assembly	Expert Lead	National Themes	Expert Lead	Expertly Planned Topical Tuesday/Thursday	Well-being Wednesdays – Expertly planned by Rachel Leeson (Pastoral Leader Social/Emotional Support)	PSHE Curriculum - Expertly planned by Toni Harper (Head of the PSHE Department)
<b>Week 1: 31/8</b>	School Standards/ WHBKTP	Senior Leadership Team			<b>'Finance throughout life' - Expertly planned by the Business+ Finance Department</b>	<b>The whole school well-being theme will be 'Connect'</b>	<b>Year 7: Keeping Yourself Safe and Happy</b> Transition to Secondary, managing friendships.
<b>Week 2: 7/9</b>	Safeguarding Assembly	Designated Safeguarding Leads	8 <sup>th</sup> September - International Literacy Day  10 <sup>th</sup> September – World Suicide Prevention Day	Alison Millington – Literacy Curriculum Lead, Second in English Shelley Devine – Literacy Curriculum Lead, Second in English  Rachel Leeson – Pastoral Leader Social/Emotional Support	Year 7: 'Income and Budgeting' – Budgeting, banking and types of credit.  Year 8: 'Personal Finance' – Budgeting, household expenses and types of loans.  Year 9: 'Sourcing Finance' – Credit vs debit, employment and savings accounts.  Year 10: 'International Trade' – Currencies, exchange rates and imports vs exports.  Year 11: 'The economy' – Economic growth vs inflation, trade and economic sustainability.	Year 7: Connecting and establishing relationships with others, confidence building and communication skills.  Year 8: Connecting with others, getting out of your comfort zone and communication skills.  Year 9: Exploring how relationships change over time, celebrating individuality and communication skills.  Year 10: Exploring conflict resolution and personal space, positive self-image and communication skills.  Year 11: Staying connected to others, mediation skills and healthy work/life balance.	<b>Year 8: Health, Wellbeing and Relationships</b> Relationships, introduction to sexuality & consent, Introduction to contraception & the pill.  <b>Year 9: Structured Lessons Health, Wellbeing and Relationships:</b> Pregnancy, intimate relationships, LGBT, healthy lifestyles. The science relating to blood, organ and stem cell donation.  <b>Year 10: My Future – Drop Down Day</b> CV Intro, writing CV, body language, careers (CV support focus), first aid (CPR and choking).
<b>Week 3: 14/9</b>	Cognition and memory	Tom Garner – Deputy Head of School					
<b>Week 4: 21/9</b>	Live feedback and purple pen	Hannah Law – School Leader	23 <sup>rd</sup> September – Recycling Week  26 <sup>th</sup> September -European Day of Languages	Heads of Year and Achievement Co-ordinators  Alex Davies – Head of the Languages Department			
<b>Week 5: 28/9</b>	Black History Month	Faye Starkey –Head of the History Department Student Ambassadors	1 <sup>st</sup> October – 31 <sup>st</sup> October – Black History Month	Faye Starkey – Head of the History Department			
<b>Week 6: 5/10</b>	World Mental Health Day	Rachel Leeson – Pastoral Leader Social/Emotional Support	1-31 <sup>st</sup> October - ADHD Awareness Month  10 <sup>th</sup> October - World Mental Health Day	Rachel Brentley – SENDCO  Rachel Leeson – Pastoral Leader Social/Emotional Support			
<b>Week 7: 12/10</b>	Launch 'My Character Counts'	Ross Wickens – Head of Year 8	11 <sup>th</sup> October – World Obesity Day  16 <sup>th</sup> October – Show Racism The Red Card	Amelia Hall –Head of the Physical Education Department  Heads of Year			
<b>Week 8: 19/10</b>	Achievement Assembly	Achievement Co-ordinators					
<b>HALF TERM</b>							
<b>Week 9: 2/11</b>	School Standards – Extended Tutor Set	Heads of Year	6 <sup>th</sup> November - National Stress Awareness Day	Rachel Leeson – Pastoral Leader Social/Emotional Support	<b>'Being a Global Citizen'- Expertly Planned by the Geography Department</b>	<b>The whole school well-being theme will be 'Give'</b>	<b>Year 7: What do I stand for?</b> Diversity, prejudice & bullying, exploring family life.
<b>Week 10: 9/11</b>	Anti-Bullying Assembly and Children In Need	Jen Gray – Assistant Headteacher Pastoral Victoria Salt – Associate School Leader Heads of Year Achievement Co-ordinators	11-15 <sup>th</sup> November - Anti-Bullying Week  11 <sup>th</sup> November - Remembrance Day  13 <sup>th</sup> November - Children In Need  14 <sup>th</sup> November - World Diabetes Day	Heads of Year  Faye Starkey – Head of the History Department  Heads of Year  Amelia Hall – Head of the Physical Education Department	Year 7: 'Climate change is a natural phenomenon that can't be stopped. Do you agree?' – Evidence, effects and reducing Climate Change.  Year 8: 'Is the Geography of Russia a curse or a benefit?' – Location, biomes and economy of Russia.  Year 9: 'Why is the Democratic Republic of Congo one of the poorest countries in the world?' – Demographics, opportunities and challenges of the DRC.  Year 10: 'Is Nottingham a multi-cultural city?' – The Windrush generation in Nottingham, the Nottingham Race Riots and celebrating diversity in Nottingham.  Year 11: 'How can I learn more about the world around me?' – Maps, Gap Years and types of trade (Free Trade, Fairtrade and Back British Farmers)	Year 7: Recognition of stress, empathy and altruistic behaviour.  Year 8: Recognition of stress, emotional support and altruistic behaviour.  Year 9: Stress management, supporting others and altruistic behaviour.  Year 10: Stress management, empathy, coping with change and altruistic behaviour.  Year 11: Stress management, empathy, resilience and altruistic behaviour.	<b>Year 8: Health, Wellbeing and Relationships</b> Managing change & loss, alcohol & drug misuse and managing peer influence.  <b>Year 9: Structured Lessons Health, Wellbeing and Relationships:</b> Pregnancy, intimate relationships, LGBT, healthy lifestyles. The science relating to blood, organ and stem cell donation.
<b>Week 11: 16/11</b>	Importance of oracy	Alison Millington - Literacy Curriculum Lead, Second in English  Shelley Devine - Literacy Curriculum Lead, Second in English	Road Safety Week  Shoobox Appeal Deadline is on 23 November	Izzy Sheldon – Head of Year 7  Izzy Sheldon – Head of Year 7			
<b>Week 12: 23/11</b>	Cultural festivals	Sherrie Docherty –Head of the Philosophy and Ethics Department					
<b>Week 13: 30/11</b>	Being a global citizen	Rachael Bloomer –Head of the Geography Department  Student Ambassadors	1 <sup>st</sup> December - World AIDS Day	Jules Stanley – Associate School Leader; KS5 College Science Lead			
<b>Week 14: 7/12</b>	Achievement Assembly	Achievement Co-ordinators	14 <sup>th</sup> December - Christmas Jumper Day for Save the Children  Food Bank Appeal Deadline	Heads of Year  Heads of Year 8-11			
<b>CHRISTMAS</b>							
<b>Week 15: 4/1</b>	School Standards: What does PRIDE mean to you?	Senior Leadership Team			<b>'Religion, Philosophy and Ethics' -Expertly Planned by the Philosophy and Ethics Department</b>	<b>The whole school well-being theme will be 'Keep Learning'</b>	<b>Year 7: Health, Wellbeing and Relationships</b> Diet, exercise & healthy choices; alcohol, tobacco & other risks.
<b>Week 16: 11/1</b>	Healthy Family Team Assembly	Ali Bugg – School Nurse			Year 7: 'Exploring Religion through the Media' – looking at the key beliefs of Judaism,	Years 7 - 10: Mindfulness activities, such as breathing techniques, relaxation techniques, language techniques and discussion with others.	<b>Year 8: My Future</b> Options & careers.



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<b>Week 17: 18/1</b>	Student Voice, the Toot Hill Community and beyond	Jen Gray – Assistant Headteacher Pastoral Victoria Salt – Associate School Leader	23 <sup>rd</sup> January - National Handwriting Day	Alison Millington - Literacy Curriculum Lead, Second in English  Shelley Devine - Literacy Curriculum Lead, Second in English	Kabbalah, Christianity, Islam, Buddhism and Scientology. Year 8: 'Religious Festivals' – Passover Festival, Ramadan Festival and Eid ul-Fitr Festival, Diwali Festival, Wesak Festival and Vaisakhi Festival. Year 9: ' Building on knowledge of World Religions' – Judaism, Christianity, Islam, Hinduism, Buddhism and Sikhism. Year 10: 'Philosophical Problems' – identity, free will and determinism Year 11: 'Big questions' – Reading philosophical texts, such as Sophie's World and answering big questions.	Year 11: The well-being impacts of healthy vs risky relationships, the well-being impact of being a teenage parent, the importance to mental health of giving consent in different contexts and substance misuse.	<b>Year 9: Structured Lessons Health, Wellbeing and Relationships:</b> Pregnancy, intimate relationships, LGBT, healthy lifestyles. The science relating to blood, organ and stem cell donation. <b>Drop down day:</b> Contraception and sexual health (nurse), personal space (Equation), grooming, online safety and unhealthy relationships (Pintsize), homelessness (Broxtowe Youth Homelessness), prison (Prison a Reality), RAF/ Army/ Navy, first aid (St John's Ambulance) and LGBT.
<b>Week 18: 25/1</b>	Holocaust Memorial Assembly	Sherrie Docherty – Head of the Philosophy and Ethics Department Student Ambassadors	27 <sup>th</sup> January - Holocaust Memorial Day	Sherrie Docherty – Head of the Philosophy and Ethics Department			
<b>Week 19: 1/ 2</b>	Online Safety and The Law	Designated Safeguarding Leads					
<b>Week 20: 8/2</b>	Achievement Assembly	Achievement Co-ordinators	9 <sup>th</sup> February- Safer Internet Day	Ross Wickens – Head of Year 8			
<b>HALF TERM</b>							
<b>Week 21: 22/2</b>	School Standards – Extended Tutor Set	Heads of Year	21 <sup>st</sup> February - Random Acts of Kindness Day 22 <sup>nd</sup> – 26 <sup>th</sup> February – Empathy Week	Heads of Year	<b>How do I stay safe online? – Expertly Planned by Chris Rudge (Associate School Leader and Head of Computer Science)</b>	<b>The whole school well-being theme will be 'Take Notice'</b>	<b>Year 7: Health, Wellbeing and Relationships</b> Puberty, unwanted contact & FGM; body image.
<b>Week 22: 1/3</b>	World Book Day	Alison Millington - Literacy Curriculum Lead, Second in English  Shelley Devine - Literacy Curriculum Lead, Second in English  Student Ambassadors	National Careers Week  4 <sup>th</sup> March - World Book Day	Fiona Farmer – Careers Leader  Alison Millington - Literacy Curriculum Lead, Second in English  Shelley Devine - Literacy Curriculum Lead, Second in English	Year 7- 11 will cover the following topics in an age appropriate manner: Age restrictions, content, hoaxes, disinformation and misinformation, fake websites, scam emails, fraud, password phishing, online risk, personal data, persuasive design, privacy settings and unsafe communication, reputational damage, and online vs offline behaviour.	Year 7: The well-being benefits of being kind, understanding how reading promotes positive well-being and both women and men's well-being.  Year 8: The well-being benefits of being kind, exploring the well-being importance of literature and both women and men's well-being.	<b>Year 8: Keeping Yourself Safe and Happy</b> Online safety, digital literacy & safeguarding, road safety, first aid & personal safety
<b>Week 23: 8/3</b>	FGM, honour-based Violence and other key safeguarding topics	Designated Safeguarding Leads	8 <sup>th</sup> March - International Women's Day  12 <sup>th</sup> March -National Science Week  13 <sup>th</sup> March - Red Nose Day/ Comic Relief	Sherrie Docherty –Head of the Philosophy and Ethics Department  Jules Stanley – Associate School Leader; KS5 College Science Lead  Heads of Year		Year 9: How to maintain healthy relationships and tackle peer pressure, positive well-being through literature/oracy and both women and men's well-being.  Year 10: Being kind in the media, positive well-being through literature/oracy and both women and men's well-being.  Year 11: Being kind in the media, literature and positive mental-health and both women and men's well-being.	<b>Year 9: Structured Lessons Health, Wellbeing and Relationships:</b> Pregnancy, intimate relationships, LGBT, healthy lifestyles. The science relating to blood, organ and stem cell donation.  <b>Year 10: My Future</b> Careers - Mock Interview Day.
<b>Week 24: 15/3</b>	The Online World	Ross Wickens – Head of Year 8					
<b>Week 25: 22/3</b>	Achievement Assembly	Achievement Co-ordinators	World Autism Awareness Week	Rachel Brentley - SENDCO			
<b>EASTER</b>							
<b>Week 26: 12/4</b>	School Standards	Senior Leadership Team	Stress Awareness Month	Rachel Leeson – Pastoral Leader Social/Emotional Support	<b>'Student Voice, the Toot Hill Community and Beyond' - Expertly Planned by Heads of Year 7-10:</b>	<b>The whole school well-being theme will be 'Be Active'</b>	<b>Year 7: Keeping Yourself Safe and Happy</b> Self-Esteem, romance & friendship, online safety & safeguarding
<b>Week 27: 19/4</b>	Healthy Active Lifestyle	Amelia Hall – Head of the Physical Education Department	22 <sup>nd</sup> April - Stephen Lawrence Day  23 <sup>rd</sup> April – World Book Night	Heads of Year  Alison Millington - Literacy Curriculum Lead, Second in English Shelley Devine - Literacy Curriculum Lead, Second in English	Year 7: Students will commit to raising awareness in the school community of their chosen charity.  Year 8: Exploring how young people can enable global change and having a global voice, such as climate change and women's rights.	Year 7: Practical solutions to stress, Human Rights and the importance of a healthy lifestyle.  Year 8: Practical solutions to stress, Human Rights and the importance of a healthy lifestyle.	<b>Year 8: Health, Well-being and Relationships:</b> Mental health and body image, age & disability, discrimination, racism and religious discrimination
<b>Week 28: 26/4</b>	Health and Prevention (Personal Hygiene, dental health)	Toni Harper –Head of the PSHE Department	World Immunisation Week  29 <sup>th</sup> April - Stop Food Waste Day	Jules Stanley – Associate School Leader; KS5 College Science Lead  Lauren White – Joint Head of the Design and Technology Department	Year 9: Student voice in the community, future leaders, the school environment and being an excellent role model.	Year 9: Practical solutions to stress, Human Rights and the links between a healthy lifestyle and academic achievement.  Year 10: Practical solutions to stress, Human Rights and the links between a healthy lifestyle and academic achievement.	<b>Year 9: Structured Lessons Health, Wellbeing and Relationships:</b> Pregnancy, intimate relationships, LGBT, healthy lifestyles. The science relating to blood, organ and stem cell donation.
<b>Week 29: 3/5</b>	VE Day Assembly	Faye Starkey – Head of the History Department  Student Ambassadors	Sun Awareness Week  4 <sup>th</sup> May – National Thank A Teacher Day  8 <sup>th</sup> May - VE Day	Toni Harper – Head of the PSHE Department  Heads of Year  Faye Starkey – Head of the History Department	Year 10: First impressions, positionality, self-awareness and planning for their future.	Year 11: Practical solutions to stress, Human Rights and the links between a healthy lifestyle and academic achievement.	
<b>Week 30: 10/5</b>	Mental Health Support	Rachel Leeson – Pastoral Leader Social/Emotional Support	Mental Health Awareness Week  Water Saving Week	Rachel Leeson – Pastoral Leader Social/Emotional Support  Rachael Bloomer – Head of the Geography Department	<b>'Scholarship, success and the next steps' – Expertly Planned by Dale Mordue (Head of Year 11)</b> Year 11: Revision techniques, examination techniques, well-being and time management		
<b>Week 31: 17/5</b>	How 2 Save a Heart	External Provider					
<b>Week 32: 24/5</b>	Achievement Assembly	Achievement Co-ordinators					



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HALF TERM							
<b>Week 33: 7/6</b>	School Standards – What do I stand for? - Extended Tutor	Heads of Year	LGBTQI+ Month Carers Week	Laura Munro – Head of Year 8	<b>'British Values, Citizenship, Democracy and Government' – Expertly Planned by the Social Sciences Department</b> Year 7: 'Political systems in the UK' - The political system of the democratic government, citizens, Parliament and the Monarch. Year 8: 'The justice system and public/voluntary groups in society' – The nature and law of the justice system and the roles played by voluntary/public institutions in society. Year 9: 'Democracy and the UK's political relations' – Parliamentary democracy, types of non-democratic and democratic systems around the world and the UK's global relations. Year 10: 'Human rights and international law' – UK and international law, diversity in the UK and contribution of citizens.	<b>The whole school well-being theme will be 'Place and Planet'</b> Year 7: The well-being impact of being a young carer, the importance of looking after the environment and knowing your place in the world.  Year 8: The well-being impact of being a young carer, the importance of a clean environment and knowing your place in the world.  Year 9: The well-being impact of being a young carer, how the environment affects our well-being and knowing your place in the world.  Year 10: The well-being impact of being a young carer, how the environment affects our well-being and knowing your place in the world.	<b>Year 7: My Future and My Scholarship</b> Challenge career stereotypes and financial decision making <b>Year 8: What do I stand for?</b> Rights & responsibility to the community, crime, refugees, British values and politics <b>Year 9: Structured Lessons Health, Wellbeing and Relationships:</b> Pregnancy, intimate relationships, LGBT, healthy lifestyles. The science relating to blood, organ and stem cell donation. <b>Drop down day: My scholarship and what do I stand for?</b> Enterprise Day <b>Year 10: Health, Wellbeing and Relationships – Drop Down Day</b> Making Gen R (Resilience), Drumba, eat yourself healthy (smoothies), art therapy, relaxing strategies, mindfulness, chair yoga, positive mindset, relationships, my healthy body.
<b>Week 34: 14/6</b>	Political Parties in the UK	Lee Murphy – Lead Teacher of KS4 History Student Ambassadors					
<b>Week 35: 21/6</b>	Leaders of the future	Michaela Middleton - Head of the Social Sciences Department	Schools Diversity Week  Women In Engineering Day (21 <sup>st</sup> June)	Heads of Year  Richard Walters – Leader for Pathways in STEM			
<b>Week 36: 28/6</b>	Money Management	Marc Rogers – Head of the Business Studies Department					
<b>Week 37: 5/7</b>	Review of the year	Jen Gray – Assistant Headteacher Pastoral Victoria Salt – Associate School Leader					
<b>Week 38: 12/7</b>	Achievement Assemblies	Achievement Co-ordinators					
<b>Week 39: 19/7</b>	No assembly						