



Personal Development Curriculum Overview: KS3 and KS4 (please see separate KS5 overview)



Teaching Weeks	Assembly	Expert Lead	National Themes	Expert Lead	Expertly Planned Personal Development Period	Well-being Wednesdays – Expertly planned by Natalie Wood (Mental Health and Well-being Coordinator)	Enrichment Opportunities
Week 1: 5/9	School Standards/ WHBKTP/ Introduction to the Personal Development Period	Senior Leadership Team	8 th September - International Literacy Day	Shelley Devine – Literacy Curriculum Lead, Second in English	Expertly Planned by Jennifer Gray – School Leader: Year 7 – Respectful Relationships Transition from Primary to Secondary school, characteristics of healthy friendships, introduction to the Equality Act, characteristics of bullying, exploring identity, and managing conflict. Year 8 – Respectful Relationships (Building on Year 7) Healthy friendships, characteristics of romantic relationships, exploring the Equality Act – stereotypes and equality, hate crimes identifying harmful behavior online, bullying, coercive relationships, domestic violence, sexual harassment and violence. Year 9- Respectful Relationships (Building on Year 8) Healthy friendships and romantic relationships, exploring the Equality Act with a focus on disability and race, identifying harmful behavior online, consent and identifying criminal behavior within relationships (coercive control, domestic violence), sexual harassment and sexual violence, peer influence. Year 10 – Respectful, intimate and romantic relationships Healthy romantic and intimate relationships, positive healthy intimate relationships (consent, managing sexual pressure, the impact of pornography, risk taking behavior), impact of sexual harassment, contraception and STI's, pregnancy and choices, parenthood Year 11: Respectful, intimate and romantic relationships (Building on Year 10) Healthy romantic and intimate relationships, consent, managing sexual pressure, the impact of pornography, drugs and alcohol – risky sexual relationships, contraception and STI's, pregnancy and choices.	The whole school well-being theme will be 'Connect' Year 7 and 8: Introduction to Well-being Wednesday, reporting, discussing emotions, exploring how emotions impact on other people, friendships and problem solving, mental health themes and conflict resolution. Years 9-11: Introduction to Well-being Wednesday, reporting, discussing complex emotions, exploring how emotions impact on other people, friendships and problem solving, mental health themes and scenario-based conflict resolution.	Please see the Enrichment Timetable
Week 2: 12/9	Heads of Year Assembly Safeguarding Assembly and Healthy Family Team Assembly	Heads of Year Designated Safeguarding Leads Healthy Families Team					
Week 3: 19/9	Cognition and memory/SHAPE/ Live Feedback and Purple Pen	Tom Garner – Deputy Head of School Hannah Rothwell– Assistant Headteacher	20 th September – Recycling Week	Rachael Bloomer – Head of the Geography Department			
Week 4: 26/9	What makes our school diverse? Celebrating diversity at Toot Hill School	Jennifer Gray – School Leader	ADHD Awareness Week 26 th September -European Day of Languages	Rachel Brentley – SENDCO Alex Davies – Head of the Languages Department			
Week 5: 3/10	Black History Month	Faye Starkey –Head of the History Department	1 st October – 31 st October – Black History Month 7 th October – World Smile Day	Faye Dexter – Head of the History Department Natalie Wood – Mental Health and Well-being Coordinator			
Week 6: 10/10	Mental Health and Well-being Assembly	Natalie Wood – Mental Health and Well-being Coordinator	10 th October - World Mental Health Day 11 th October – World Obesity Day	Natalie Wood – Mental Health and Well-being Coordinator Amelia Hall –Head of the Physical Education Department			
Week 7: 17/10	Achievement Assembly	Heads of Year	21 st October – Conflict Resolution Day 21 st October – Show Racism The Red Card	Natalie Wood – Mental Health and Well-being Coordinator Amelia Hall – Head of the Physical Education Department			
HALF TERM							
Week 8: 31/10	School Standards/ WHBKTP Heads of Year Assembly	Senior Leadership Team Heads of Year			Expertly Planned by Jennifer Gray – School Leader:	The whole school well-being theme will be 'Give'	
Week 9: 7/11	Remembrance Day	Faye Dexter- Head of the History Department	11 th November - Remembrance Day 13 th November – World Kindness Day 14 th November - World Diabetes Day	Faye Dexter – Head of the History Department Natalie Wood – Mental Health and Well-being Coordinator Amelia Hall – Head of the Physical Education Department	Year 7 – My Family and I Puberty and Menstrual Health, characteristics of committed stable relationships, marriage and different types of long term relationships, laws surrounding forced marriage and honour based violence, roles and responsibilities of parents, unsafe relationships, FGM Year 8 – My Family and I (building on Year 7 content) Exploring the characteristics of committed stable relationships, marriage and other types of long term relationships, laws surrounding forced marriage and honour based violence, roles and responsibilities of parents, unsafe relationships and FGM Year 9 – Intimate and Sexual Relationships Positive, healthy intimate relationships and their benefits, consent and managing sexual pressure, risk sexual behavior (alcohol and drugs), reproductive health, fertility and the menopause, contraception and STI's, pregnancy and the choices, the laws around abortion.	Years 7 and 8: Introduction to the Well-being Wednesday theme, exploring the impacts of negative social media posts on well-being, how bullying can negatively impact well-being and how challenging bullying can aid positive well-being and exploring the well-being benefits of giving to charity. Years 9-11: Introduction to the Well-being Wednesday theme, exploring the impacts of sharing images online and offensive social media posts, how bullying can negatively impact well-being and how challenging bullying can aid positive well-being and exploring the well-being benefits of giving to charity.	
Week 10: 14/11	Anti-Bullying Assembly	Jennifer Gray – School Leader	14-18 th November - Anti-Bullying Week 18 th November – Children in Need Road Safety Week Shoebox Appeal Collection is November 15 – 22 nd November	Heads of Year Heads of Year Jennifer Gray – School Leader Brittany Marshall – Head of Year 7			
Week 11: 21/11	Cultural festivals	Sherrie Docherty –Head of the Philosophy and Ethics Department					
Week 12: 28/11	Being a global citizen: World AIDS Day	Rachael Kenny –Head of the Geography Department	1 st December - World AIDS Day	Rachael Kenny – Head of the Geography Department			



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		Student Ambassadors			Year 10 – The World Around Me – Expertly Planned by Sherrie Docherty (Head of Philosophy and Ethics): ‘The Value of Life’ – religious teachings on the sanctity of life, abortion laws, euthanasia, animal testing, cosmetic surgery, speciesism	
Week 13: 5/12	Head of Year Assembly	Heads of Year	9 th December - Christmas Jumper Day for Save the Children	Heads of Year	Year 11 - The World Around Me – Expertly Planned by Fiona Farmer (Careers Leader): Reflection on work experience, destination planning and exploring different pathways academic/technical/vocational, action plans for Post 16.	
Week 14: 12/12	Achievement Assembly	Achievement Co-ordinators	Trussell Trust Food Bank Appeal Deadline	Heads of Year 8-11		
CHRISTMAS						
Week 15: 9/1	School Standards Assembly/WHBKTP	Senior Leadership Team			Expertly Planned by Fiona Farmer (Careers Lead):	The whole school well-being theme will be ‘Keep Learning’
Week 16: 16/1	Heads of Year Assembly Safeguarding Assembly: Knife Crime and CCE	Heads of Year PC Crane – Schools Liaison Officer			Year 7 – The World Around Me Reflection and self awareness evaluation on competencies, identifying role models and destination planning	Years 7 – 11: Introduction to the Well-being Wednesday theme, exploring limits in terms of emotions and reacting to targeted information then applying this to the scenario of gambling and exploring Children's Mental Health.
Week 17: 23/1	Holocaust Memorial Assembly	Sherrie Docherty – Head of the Philosophy and Ethics Department Student Ambassadors	27 th January - Holocaust Memorial Day	Sherrie Docherty – Head of the Philosophy and Ethics Department	Year 8 – The World Around Me Reflection on competencies, researching GCSE/vocational and T Level qualifications and destination planning	
Week 18: 30/1	LGBTQ+ History Month	Laura Munro – Head of Year 10	LGBTQ+ History Month Children's Mental Health Week	Laura Munro – Head of Year 10 Natalie Wood – Mental Health and Well-being Co-ordinator	Year 9 – The World Around Me Reflection on competencies, exploring labour market research and work experiences, drafting CV's and destination planning, post 16 options, launch of YOUNG Ambassadors	
Week 19: 6/2	Achievement Assemblies/ Safer Internet Day	Heads of Year	Children's Mental Health Week 8 th February – Safer Internet Day	Natalie Wood – Mental Health and Well-being Co-ordinator Heads of Year	Year 10 – The World Around Me Reflection on Years 7-9, planning for Work Experience and mock interview day Year 11 – The World Around Me – Expertly Planned by Sherrie Docherty (Head of Philosophy and Ethics): ‘The Place for Religious Education’ – The decline of religion, religious extremism, is there a place for religion today? ‘Active Citizenship’ – Expertly Planned by Michaela Middleton (Head of Social Sciences): The diverse national, religious and ethnic identities in the UK, being a citizen in the local community.	
HALF TERM						
Week 20: 20/2	School Standards Assembly/WHBKTP Heads of Year Assembly – Empathy Week	Senior Leadership Team Heads of Year	Empathy Week	Heads of Year	Expertly Planned by Jennifer Gray (School Leader):	The whole school well-being theme will be ‘Take Notice’
Week 21: 27/2	World Book Day	Shelley Devine - Literacy Curriculum Lead, Second in English	2 nd March - World Book Day	Shelley Devine - Literacy Curriculum Lead, Second in English	Year 7 – Respectful Relationships Introduction to the characteristics of romantic relationships, consent (sexual and non-sexual), coercive relationships, domestic violence, sexual harassment and sexual violence, hate crime Year 8 – Intimate and Sexual Relationships Characteristics of positive healthy intimate relationships, consent in a healthy sexual relationship, exploring how drugs and alcohol can lead to risky sexual behavior, contraception and STI's, managing sexual pressure	Years 7-8: Introduction to the Well-being Wednesday theme, exploring empathy, recognising early signs of mental-wellbeing concerns, exploring common types of mental ill health and how to access support early. Year 9-11: Introduction to the Well-being Wednesday theme, exploring empathy and how this can help others, recognising early signs of mental-wellbeing concerns, exploring common types of mental ill health and how to access support early.
Week 22: 6/3	National Careers Week	Fiona Farmer – Careers Leader	National Careers Week 8 th March - International Women's Day	Fiona Farmer – Careers Leader Charlotte Thomas – Achievement Coordinator for Year 10	Year 9 – My Family and I Revisiting committed relationships, marriage and other long term relationships, laws around marriage/forces marriage, honour based violence and FGM	



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			10 th March -National Science Week	Charlotte Thompson and Jo Smith – Teachers of Science	Year 10 – Online and Media Revisiting online vs offline behavior, CCE, CSE, laws around online behavior, radicalization, extremism, organized crime, sexually explicit materials including pornography	
Week 23: 13/3	Red Nose Day/Comic Relief	Heads of Year	19 th March - Red Nose Day/ Comic Relief	Heads of Year		
Week 24: 20/3	The Online World, Online Safety and the Law; key safeguarding topics	Designated Safeguarding Leads			Year 11 – The World Around Me – Expertly Planned by Marc Rogers (Head of Business and Economics): 'The economy and sensible choice' - economic growth, inflation, cost of living, unemployment, consumer rights and gambling	
Week 25: 27/3	Achievement Assembly	Achievement Co-ordinators	World Autism Acceptance Week	Rachel Brentley - SENDCO	Online and Media – Expertly Planned by Chris Rudge (Head of Computing and Aspiring Senior Leader): Harmful content online, UK laws governing harmful content, right to access information, big data and targeting of individuals, impact of online experiences, disadvantages of living in an online bubble.	
EASTER						
Week 26: 17/4	School Standards Assembly/WHBKTP Heads of Year Assembly – Stephen Lawrence Day	Senior Leadership Team Heads of Year	Stress Awareness Month 22 nd April – Stephen Lawrence Day 23 rd April – World Book Night	Natalie Wood – Mental Health and Well-being Coordinator Charlotte Thomas – Achievement Coordinator for Year 10 Shelley Devine - Literacy Curriculum Lead, Second in English	Year 7 – The World Around Me - Expertly planned by Michaela Middleton (Head of Social Sciences) Year 7: 'Political systems in the UK' - The political system of the democratic government, citizens, Parliament and the Monarch Online and Media – Expertly Planned by Jennifer Gray (School Leader): Behaviour expectations online and online risk, laws around behavior online/laws, Year 8 – The World Around Me – Expertly planned by Michaela Middleton (Head of Social Sciences): 'Legal systems in the UK' – The nature and law of the justice system and the roles played by voluntary/public institutions in society. Online and Media – Expertly Planned by Jennifer Gray (School Leader): Revisiting risk and laws around images, pornography and sexually explicit material, Year 9 – The World Around Me – Expertly Planned by Michaela Middleton (Head of Social Sciences): 'Wider Political Systems' – Parliamentary democracy, types of non-democratic and democratic systems in the UK. Online and Media – Expertly Planned by Chris Rudge (Head of Computing and Aspiring Senior Leader): online laws around sexually explicit material, fake news and big data Year 10 – The World Around Me – Expertly Planned by Michaela Middleton (Head of Social Sciences): 'Law creation' – history of Human Rights, legal systems in the UK, different sources of law, judicial precedent and statutory law making Online and Media – Expertly Planned by Chris Rudge (Head of Computing and Aspiring Senior Leader): Positive online reputations, right to privacy, data protection and data storage Year 11- My Scholarship – Expertly Planned by the Year 11 Achievement Team Preparation for exam success – self-assessment, research skills, revision strategies, work/life balance, positive mental health and well-being	The whole school well-being theme will be 'Be Active' Year 7-8: Introduction to the Well-being theme, an introduction to 'Toot Hill School Health Month' which will explore the importance of self-examination, the benefits of Sun Awareness Week and protection from the sun, the benefits of high quality sleep for health and the benefits of exercise for positive physical and mental health. Year 9-10: Introduction to the Well-being theme, an introduction to 'Toot Hill School Health Month' which will explore the importance of self-examination, the benefits of Sun Awareness Week and protection from the sun, the benefits of high quality sleep for achievement and the benefits of exercise for positive physical and mental health linking to stress.
Week 27: 24/4	Safeguarding Assembly on Radicalisation and other key safeguarding topics	Designated Safeguarding Leads	World Immunisation Week 27 th April – Stop Food Waste Day	Charlotte Thompson and Jo Smith – Teachers of Science Lauren White– Joint Head of the Design and Technology Department		
Week 28: 1/5	VE Day Assembly	Faye Dexter – Head of the History Department	Sun Awareness Week	Natalie Wood – Mental Health and Well-being Coordinator		
Week 29: 8/5	Mental Health Support	Natalie Wood – Mental Health and Well-being Coordinator	Mental Health Awareness Week	Natalie Wood – Mental Health and Well-being Coordinator		
Week 30: 15/5	Healthy Active Lifestyle including Health and Prevention (Personal Hygiene and dental health)	Amelia Hall – Head of the Physical Education Department and Jennifer Gray – School Leader	Water Saving Week	Rachael Kenny – Head of the Geography Department		
Week 31: 22/5	Achievement Assemblies	Heads of Year				



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HALF TERM						
Week 32: 5/6	School Standards Assembly/WHBKTP Heads of Year Assembly	Senior Leadership Team Heads of Year	LGBTQ+ Month Carers Week	Laura Munro – Head of Year 9 Nat Wood – Mental Health and Well-being Coordinator	Year 7 – The World Around Me – Expertly Planned by Marc Rogers (Head of Business and Economics): Year 7: 'Income and Budgeting' – Budgeting, banking and types of credit.	<p>The whole school well-being theme will be 'Place and Planet'</p> <p>Year 7-8: Introduction to the Well-being Wednesday theme and Carers Week, exploring the benefits of a balanced diet, exploring the benefits of therapeutic landscapes and having a calm environment and discussing how the NHS supports well-being.</p> <p>Year 9-10: Introduction to the Well-being Wednesday theme and Carers Week, exploring the benefits of a balanced diet for achievement and well-being, exploring the benefits of therapeutic landscapes and having a calm environment to aid stress and discussing how the NHS supports well-being.</p>
Week 33: 12/6	LGBTQ+ Month	Laura Munro – Head of Year 10	Healthy Eating Week	Natalie Wood – Mental Health and Well-being Coordinator	Keeping Safe and Happy – Expertly Planned by Jennifer Gray (School Leader): CCE, CSE, First Aid (CPR, basic first Aid, defibrillator), road safety, water safety)	
Week 34: 19/6	LGBTQ+ Month; Schools Diversity Week	Laura Munro – Head of Year 10	Schools Diversity Week 23 rd June - Women In Engineering Day	Laura Munro – Head of Year 10 Richard Walters – Leader for Pathways in STEM	Year 8 – The World Around Me – Expertly Planned by Marc Rogers (Head of Business and Economics): 'Personal Finance' – Budgeting, household expenses and types of loans.	
Week 35: 26/6	Leaders of the future	Michaela Middleton - Head of the Social Sciences Department and Aspiring Senior Leader	3 rd July – World Textiles Day	Beth Carter – Head of the Art Department	Keeping Safe and Happy – Expertly Planned by Jennifer Gray (School Leader): Drugs, alcohol and tobacco, CCE, CSE, First Aid (CPR, basic first Aid, defibrillator), road safety, water safety)	
Week 36: 3/7	Student Leadership Assemblies	Student Leadership Team	4 th July – NHS Birthday	Natalie Wood – Mental Health and Well-being Coordinator	Year 9 – The World Around Me – Expertly Planned by Marc Rogers (Head of Business and Economics): 'Sourcing Finance' – Credit vs debit, employment and savings accounts.	
Week 37: 10/7	Head of Year Assemblies	Heads of Year			Keeping Safe and Happy – Expertly Planned by Jennifer Gray (School Leader): Drugs, alcohol and tobacco, CCE, CSE, First Aid (CPR, basic first Aid, defibrillator), road safety, water safety)	
Week 38: 17/7	Achievement Assemblies	Achievement Co-ordinators			Year 10 – The World Around Me – Expertly Planned by Marc Rogers (Head of Business and Economics): 'International Finance' – Currencies, exchange rates, imports vs exports and international competitiveness.	
					Keeping Safe and Happy – Expertly Planned by Jennifer Gray (School Leader): Drugs, alcohol and tobacco, CCE, CSE, First Aid (CPR, basic first Aid, defibrillator), road safety, water safety)	