

DISHES AND THEIR ALLERGEN CONTENT – college – Main Courses

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tandoori chicken flatbread		✓ Wheat												
Reggae Reggae chicken														
Marinated quorn flatbread		✓		✓										
Beef Balti														
Butter chicken							✓							✓
Soya Balti														
Roast beef sub roll		✓ Wheat												
Vegetarian Gravy	✓	✓ Wheat											✓	
Garlic roast potatoes														
Marinated quorn sub roll		✓ Wheat		✓										
Tempura battered fish goujons		✓			✓									✓
Chilli dog		✓ wheat												
Beefburger in a bun		✓ Wheat												
Vegetable burger		✓ Wheat		✓			✓							
Vegetable chilli	✓	✓ wheat, barley												
Sausage roll		✓ Wheat					✓		✓				✓	✓
Cheese twist		✓ Wheat, barley					✓		✓					✓

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Reviewed by:
PM/AJ