



February 2021

Dear Parent(s) / Carer(s)

Duke of Edinburgh (DofE): Certificate of Achievement

DofE have reacted to the 'new normal' by launching a bespoke program called the **DofE Certificate of Achievement** www.dofe.org/thelatest/certificate-of-achievement/ Young people achieve the Certificate of Achievement when they complete three different sections - skill, volunteering and practical – over a required timescale. With current Government restrictions, we hope engaging with socially distanced activities will provide your child with the additional structure and focus to help them stay positive and motivated during this challenging period.

We are currently unable to commit to running the fourth section (the expedition) which is necessary to complete the full DofE Award. Young people do, however, have until their 25th birthday to complete all sections of the Award. Our intention is to introduce your child to the DofE pathway, support them to complete their DofE Certificate of Achievement and encourage them to complete the full Award by independently accessing an expedition through a DofE Approved Activity Provider (AAP). It is important that they do this at a time that is right for them, your families and of course, when social conditions and Government guidelines permit.

The DofE Opportunity Finder: www.dofe.org/opportunity-finder/opportunity-for-dofe-participant provides details of expeditions, ran by DofE Approved Activity Providers (AAP), which are taking place. Please be aware that we are providing this information so that you can make an informed decision of what is best for your child. Toot Hill School cannot take responsibility for your child outside of school.

More Information?

Please watch these videos with your child so you can support them through their DofE journey:

- **Year 9 Bronze:** https://www.youtube.com/watch?v=Y7kY2w4A7_s&t=11s
- **Years 10, 11 & 12 Silver:** https://www.youtube.com/watch?v=FqHrGnY_Ktg&t=92s

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Telephone: 01949 875550 | Email: contact@toothillschool.co.uk | Website: www.toothillschool.co.uk

Executive Head Teacher: Sandra Paley BSc (Hons), PGCE, MEd | Head of School: Christopher Eardley BSc (Hons), PGCE, PhD

Skill, Physical and Volunteering Activities

The attached sheets (fig 1.) provide some ideas which your child could consider for their skill, physical and volunteering activities. For ideas of COVID-friendly, socially distant activities see

<https://www.dofe.org/dofewithadifference/activities>

Cost

The non-refundable cost of the Bronze or Silver DofE Certificate of Achievement is **£30**. This includes enrolment (£23), access to the DofE mobile app (where progress is tracked), and a contribution to the cost of the school's DofE annual license/running costs. Payment should be made through SCOPAY. If your son/daughter is in receipt of Progress Plus+ or Free School Meals, the above costs will be free of charge. All enquiries about Progress Plus+ should be made to our PP+ coordinator: Mrs. Carrie Morgan cmorgan@toothillschool.co.uk

Registration and Payment

If you wish your child to take part in the Bronze or Silver DofE Certificate of Achievement, please login to your SCOPAY account to make payment and give your consent for enrolment. Then, complete this secure, online registration form: <https://form.jotform.com/210406459308352>. Your child's place can only be confirmed when this registration form is accurately completed.

The closing date for applications is **Friday 12th March 2021**. After this date, we will then contact you with details of next steps.

Should you have any questions please contact:

- **Year 9 Bronze Certificate of Achievement:** cmercer@toothillschool.co.uk
- **Years 10, 11 and 12 Silver Certificate of Achievement:** mtinsley@toothillschool.co.uk

Yours sincerely,

M. Tinsley


C. Mercer

Mr Mark Tinsley
DofE Centre Manager

Mr Chris Mercer
Enrichment Coordinator

p.s. Your child's place cannot be confirmed until registration is complete. In addition to making payment via SCOPAY, please remember to complete this registration form:
<https://form.jotform.com/210406459308352>

Figure 1: Ideas for physical, skill and volunteering activities.
For COVID friendly ideas see:
<https://www.dofe.org/dofewithadifference/activities>



THE DUKE OF EDINBURGH'S AWARD

Programme ideas: Physical section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. Many of the DofE programme activities can be adapted to meet the needs of young people with disabilities and some, referred to as adapted sports, are unique to disabled people.

This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a physical programme of your own.

You can find more information at [DofE.org/do](https://www.dofe.org/do) and

there is a range of exciting opportunities to help you complete this section at [DofE.org/finder](https://www.dofe.org/finder).

It's your choice...
Doing physical activity is fun and improves your health and physical fitness. There's an activity to suit everyone so choose something you are really interested in.

Help with planning
You can use the programme planner on the website to work with your Leader to plan and agree your

<p>Individual sports</p> <ul style="list-style-type: none"> <input type="checkbox"/> Airsoft <input type="checkbox"/> Archery <input type="checkbox"/> Athletics (any field or track event) <input type="checkbox"/> Biathlon/Triathlon/Pentathlon/Aquathlon <input type="checkbox"/> Bowls <input type="checkbox"/> Boxing <input type="checkbox"/> Croquet <input type="checkbox"/> Cross country running <input type="checkbox"/> Cycling <input type="checkbox"/> Fencing <input type="checkbox"/> Geocaching <input type="checkbox"/> Golf <input type="checkbox"/> Gymnastics <input type="checkbox"/> Horse riding <input type="checkbox"/> Modern pentathlon <input type="checkbox"/> Motocross <input type="checkbox"/> Orienteering <input type="checkbox"/> Paintballing <input type="checkbox"/> Pétanque <input type="checkbox"/> Roller blading <input type="checkbox"/> Roller skating <input type="checkbox"/> Running <input type="checkbox"/> Static trapeze <input type="checkbox"/> Supercross <input type="checkbox"/> Ten pin bowling <input type="checkbox"/> Trampolineing <input type="checkbox"/> Wheelchair fencing <input type="checkbox"/> Wrestling 	<p>Water sports</p> <ul style="list-style-type: none"> <input type="checkbox"/> Canoeing <input type="checkbox"/> Diving <input type="checkbox"/> Dragon Boat Racing <input type="checkbox"/> Free-diving <input type="checkbox"/> Kite surfing <input type="checkbox"/> Kneeboarding <input type="checkbox"/> Rowing & sculling <input type="checkbox"/> Sailing <input type="checkbox"/> Skurfing <input type="checkbox"/> Sub aqua (SCUBA diving & snorkelling) <input type="checkbox"/> Surfing/body boarding <input type="checkbox"/> Swimming <input type="checkbox"/> Synchronised swimming <input type="checkbox"/> Underwater rugby <input type="checkbox"/> Wakeboarding <input type="checkbox"/> Windsurfing <p>Dance</p> <ul style="list-style-type: none"> <input type="checkbox"/> Ballet <input type="checkbox"/> Ballroom dancing <input type="checkbox"/> Belly dancing <input type="checkbox"/> Bhangra dancing <input type="checkbox"/> Ceroc <input type="checkbox"/> Contra dance <input type="checkbox"/> Country & Western <input type="checkbox"/> Flamenco <input type="checkbox"/> Folk dancing <input type="checkbox"/> Jazz <input type="checkbox"/> Line dancing <input type="checkbox"/> Morris dancing <input type="checkbox"/> Salsa (or other Latin styles) dancing 	<ul style="list-style-type: none"> <input type="checkbox"/> Scottish/Welsh/ Irish dancing <input type="checkbox"/> Street dancing/ breakdancing/ hip hop <input type="checkbox"/> Swing <input type="checkbox"/> Tap dancing <p>Racquet sports</p> <ul style="list-style-type: none"> <input type="checkbox"/> Badminton <input type="checkbox"/> Matkot <input type="checkbox"/> Racketball <input type="checkbox"/> Racketlon/Rackets <input type="checkbox"/> Rapid ball <input type="checkbox"/> Real tennis <input type="checkbox"/> Squash <input type="checkbox"/> Table tennis <input type="checkbox"/> Tennis <input type="checkbox"/> Wheelchair tennis <p>Fitness</p> <ul style="list-style-type: none"> <input type="checkbox"/> Aerobics <input type="checkbox"/> Cheerleading <input type="checkbox"/> Fitness classes <input type="checkbox"/> Gym work <input type="checkbox"/> Medau movement <input type="checkbox"/> Physical achievement <input type="checkbox"/> Pilates <input type="checkbox"/> Pole dancing <input type="checkbox"/> Running/jogging <input type="checkbox"/> Walking <input type="checkbox"/> Weightlifting <input type="checkbox"/> Wii-fit <input type="checkbox"/> Yoga 	<p>Extreme sports</p> <ul style="list-style-type: none"> <input type="checkbox"/> BMX <input type="checkbox"/> Caving & potholing <input type="checkbox"/> Climbing <input type="checkbox"/> Free running (parkour) <input type="checkbox"/> Ice skating <input type="checkbox"/> Mountain biking <input type="checkbox"/> Mountain unicycling <input type="checkbox"/> Parachuting <input type="checkbox"/> Skateboarding <input type="checkbox"/> Skydiving <input type="checkbox"/> Snow sports (skiing, snowboarding, snowkiting) <input type="checkbox"/> Speed skating <input type="checkbox"/> Street luge <p>Martial arts</p> <ul style="list-style-type: none"> <input type="checkbox"/> Aikido <input type="checkbox"/> Capoeira <input type="checkbox"/> Ju Jitsu <input type="checkbox"/> Judo <input type="checkbox"/> Karate <input type="checkbox"/> Kendo <input type="checkbox"/> Mixed martial arts <input type="checkbox"/> Self-defence <input type="checkbox"/> Sumo <input type="checkbox"/> Tae Kwon Do <input type="checkbox"/> Tai Chi <p>Team sports</p> <ul style="list-style-type: none"> <input type="checkbox"/> American football <input type="checkbox"/> Baseball <input type="checkbox"/> Basketball <input type="checkbox"/> Boccia 	<ul style="list-style-type: none"> <input type="checkbox"/> Camogie <input type="checkbox"/> Cricket <input type="checkbox"/> Curling <input type="checkbox"/> Dodge disc <input type="checkbox"/> Dodgeball <input type="checkbox"/> Fives <input type="checkbox"/> Football <input type="checkbox"/> Frame football <input type="checkbox"/> Futsal <input type="checkbox"/> Gaelic football <input type="checkbox"/> Goalball <input type="checkbox"/> Handball <input type="checkbox"/> Hockey <input type="checkbox"/> Hurling <input type="checkbox"/> Ice hockey <input type="checkbox"/> Kabaddi <input type="checkbox"/> Korfbal <input type="checkbox"/> Lacrosse <input type="checkbox"/> Netball <input type="checkbox"/> Octopushing <input type="checkbox"/> Polo <input type="checkbox"/> Quidditch <input type="checkbox"/> Roller derby <input type="checkbox"/> Rogaining <input type="checkbox"/> Rounders <input type="checkbox"/> Rugby (union/League) <input type="checkbox"/> Sitting Volleyball <input type="checkbox"/> Sledge hockey <input type="checkbox"/> Sledge ice hockey <input type="checkbox"/> Softball <input type="checkbox"/> Stoolball <input type="checkbox"/> Tchoukball <input type="checkbox"/> Tug of war <input type="checkbox"/> Ultimate flying disc <input type="checkbox"/> Volleyball <input type="checkbox"/> Wallyball <input type="checkbox"/> Water polo <input type="checkbox"/> Wheelchair basketball <input type="checkbox"/> Wheelchair rugby
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THE DUKE OF EDINBURGH'S AWARD.

Programme ideas: Skills section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Skills programme of your own.

You can find more information at DofE.org/skills and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

It's your choice...

Developing a skill helps you get better at something you are really interested in and gives you the confidence and ability to use this skill both now and later in life.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Performance arts

- ☐ Ballet appreciation
- ☐ Ceremonial drill
- ☐ Circus skills
- ☐ Conjuring & magic
- ☐ Majorettes
- ☐ Puppetry
- ☐ Singing
- ☐ Speech & drama
- ☐ Theatre appreciation
- ☐ Ventriloquism
- ☐ Yoyo extreme

Science & technology

- ☐ Aerodynamics
- ☐ Anatomy
- ☐ App design
- ☐ Astronomy
- ☐ Biology
- ☐ Botany
- ☐ Chemistry
- ☐ Coding/ programming
- ☐ Ecology
- ☐ Electronics
- ☐ Engineering
- ☐ Entomology
- ☐ IT
- ☐ Marine biology
- ☐ Oceanography
- ☐ Paleontology

- ☐ Physics
- ☐ Rocket making
- ☐ Taxonomy
- ☐ Weather/meteorology
- ☐ Website design
- ☐ Zoology

Care of animals

- ☐ Agriculture (keeping livestock)
- ☐ Aquarium keeping
- ☐ Beekeeping
- ☐ Caring for reptiles
- ☐ Dog training & handling
- ☐ Horse/donkey/llama/alpaca handling & care
- ☐ Looking after birds (i.e. budgies & canaries)
- ☐ Pet care – health/training/maintenance
- ☐ Pigeon breeding & racing

Music

- ☐ Church bell ringing
- ☐ Composing
- ☐ DJing
- ☐ Evaluating music & musical performances
- ☐ Improvising melodies
- ☐ Listening to, analysing & describing music

- ☐ Music appreciation
- ☐ Playing a musical instrument
- ☐ Playing in a band
- ☐ Reading & notating music
- ☐ Understanding music in relation to history & culture

Natural world

- ☐ Agriculture
- ☐ Conservation
- ☐ Forestry
- ☐ Gardening
- ☐ Groundsmanship
- ☐ Growing carnivorous plants
- ☐ Plant growing
- ☐ Snail farming
- ☐ Vegetable growing

Games & recreation

- ☐ Cards (i.e. bridge)
- ☐ Chess
- ☐ Clay target shooting
- ☐ Coxing
- ☐ Cycle maintenance
- ☐ Darts
- ☐ Dominoes
- ☐ Fishing/fly fishing
- ☐ Flying
- ☐ Gliding
- ☐ Go-karting

continued over...

- ☐ Historical period re-enacting
- ☐ Kite construction & flying
- ☐ Mah Jongg
- ☐ Marksmanship
- ☐ Model construction & racing
- ☐ Motor sports
- ☐ Power boating
- ☐ Snooker, pool & billiards
- ☐ Sports appreciation
- ☐ Sports leadership
- ☐ Sports officiating
- ☐ Table games
- ☐ War games

Life skills

- ☐ Alternative therapies
- ☐ Cookery
- ☐ Democracy in action
- ☐ Digital lifestyle
- ☐ Driving: car maintenance/car road skills
- ☐ Driving: motorcycle maintenance/road skills
- ☐ Event planning
- ☐ First aid – St John/St Andrew/BRCS
- ☐ Hair & beauty
- ☐ Learning about the emergency services
- ☐ Learning about the RNLI (Lifeboats)
- ☐ Library & information skills
- ☐ Life skills
- ☐ Massage
- ☐ Money management
- ☐ Navigation
- ☐ Public speaking and debating
- ☐ Skills for employment
- ☐ Young Enterprise

Learning & collecting

- ☐ Aeronautics
- ☐ Aircraft recognition
- ☐ Anthropology
- ☐ Archaeology
- ☐ Astronautics
- ☐ Astronomy
- ☐ Bird watching
- ☐ Coastal navigation
- ☐ Coins
- ☐ Collections, studies & surveys
- ☐ Comics
- ☐ Contemporary legends
- ☐ Costume study

- ☐ Criminology
- ☐ Dowsing & divining
- ☐ Fashion
- ☐ Forces insignia
- ☐ Gemstones
- ☐ Genealogy
- ☐ Heraldry
- ☐ History of art
- ☐ Language skills
- ☐ Military history
- ☐ Movie posters
- ☐ Postcards
- ☐ Reading
- ☐ Religious studies
- ☐ Ship recognition
- ☐ Stamp collecting

Media & communication

- ☐ Amateur radio
- ☐ Blogging
- ☐ Communicating with people who are visually impaired
- ☐ Communicating with people who have a hearing impediment
- ☐ Film & video making
- ☐ Journalism
- ☐ Newsletter & magazine production
- ☐ Signalling
- ☐ Vlogging
- ☐ Writing

Creative arts

- ☐ Basket making
- ☐ Boat work
- ☐ Brass rubbing
- ☐ Building catapults & trebuchets
- ☐ Cake decoration
- ☐ Camping gear making
- ☐ Candle-making
- ☐ Canoe building
- ☐ Canvas work
- ☐ Carnival/festival float construction
- ☐ Ceramics
- ☐ Clay modelling
- ☐ Crocheting
- ☐ Cross stitch
- ☐ DIY
- ☐ Dough craft
- ☐ Drawing
- ☐ Dressmaking
- ☐ Egg decorating
- ☐ Embroidery
- ☐ Enamelling

- ☐ Fabric printing
- ☐ Feng Shui
- ☐ Floral decoration
- ☐ French polishing
- ☐ Furniture restoration
- ☐ Glass blowing
- ☐ Glass painting
- ☐ Interior design
- ☐ Jewellery making
- ☐ Knitting
- ☐ Lace making
- ☐ Leatherwork
- ☐ Lettering & calligraphy
- ☐ Macramé
- ☐ Marquetry
- ☐ Model construction
- ☐ Mosaic
- ☐ Painting & design
- ☐ Patchwork
- ☐ Photography
- ☐ Pottery
- ☐ Quilting
- ☐ Rope work
- ☐ Rug making
- ☐ Snack pipping
- ☐ Soft toy making
- ☐ Tatting
- ☐ Taxidermy
- ☐ Textiles
- ☐ Weaving and spinning
- ☐ Wine/beer making
- ☐ Woodwork

Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

You can find more information at DofE.org/volunteering and there is a range of exciting opportunities to help you complete this section at DofE.org/finder.

It's your choice...

Volunteering gives you the chance to make a difference

to people's lives and use your skills and experience to help your local community. You can use this opportunity to become involved in a project or with an organisation that you care about.

Help with planning

You can use the programme planner on the website to work with your Leader to plan and agree your activity before you start.

Before you begin, it is important to check that your volunteering meets the criteria for businesses and family members (see DofE.org/volunteering for the requirements).

Helping people

- ☐ Helping children
- ☐ Helping children to read in libraries
- ☐ Helping in medical services e.g. Hospitals
- ☐ Helping older people
- ☐ Helping people in need
- ☐ Helping people with special needs
- ☐ Tutoring
- ☐ Young carer
- ☐ Youth work

Community action & raising awareness

- ☐ Campaigning
- ☐ Cyber safety
- ☐ Council representation
- ☐ Drug & alcohol education
- ☐ Home accident prevention
- ☐ Neighbourhood watch
- ☐ Peer education
- ☐ Personal safety
- ☐ Promotion & PR
- ☐ Road safety

Working with the environment or animals

- ☐ Animal welfare
- ☐ Environment
- ☐ Rural conservation
- ☐ Preserving waterways
- ☐ Working at an animal rescue centre
- ☐ Litter picking
- ☐ Urban conservation
- ☐ Beach and coastline conservation
- ☐ Zoo/farm/nature reserve work

Helping a charity or community organisation

- ☐ Administration
- ☐ Being a charity intern
- ☐ Being a volunteer lifeguard
- ☐ Event management
- ☐ Fundraising
- ☐ Mountain rescue
- ☐ Religious education
- ☐ Serving a faith community
- ☐ Supporting a charity
- ☐ Working in a charity shop

Coaching, teaching and leadership

- ☐ Dance leadership
- ☐ DofE Leadership
- ☐ Group leadership
- ☐ Head student
- ☐ Leading a voluntary organisation group
 - Girls' Venture Corps
 - Sea Cadets
 - Air Cadets
 - Jewish Lads' and Girls' Brigade
 - St John Ambulance
 - Scout Association
 - Air Training Corps
 - Army Cadet Force
 - Boys' Brigade
 - CCF
 - Church Lads' & Girls' Brigade
 - Girlguiding UK
 - Girls' Brigade
- ☐ Sports leadership
- ☐ Music tuition

The COVID-19 outbreak won't stop you doing your DofE. Far from it.



We know the impact of the coronavirus pandemic will be long-lasting, affecting your studies, how you feel, your work and your social life. But you can still have the full DofE experience, safely and in line with Government guidance.

In fact, doing your DofE can play a big part in helping you navigate our 'new normal' – letting you broaden your horizons, make a difference in your community and gain skills and experiences that can really open doors in the future.

You'll grow your confidence, resilience and independence, which can have real benefits for your mental wellbeing – and you'll keep fit and have fun with your friends too.

From blogging to jogging, campaigning to cooking – you get to choose your DofE activities, so you can pick ones that are easy to do within social distancing guidelines or from home. It's really easy to change them at any time, using the DofE app or eDofE.

And, during and in the aftermath of the COVID-19 outbreak, you'll receive a special DofE Certificate of Achievement when you complete your Skills, Volunteering and Physical sections – formally recognising your efforts at this extraordinary time.

There are flexible ways to run expeditions too – as well as your residential, if you're doing Gold. So, when it's safe to do so and Government guidelines allow, you can do yours with all the benefits and memories you'd get at any other time and achieve your Award.

Visit [DofE.org/DofEWithADifference](https://www.dofe.org/DofEWithADifference) and chat to your Leader for loads of ideas, advice and inspiration on doing your DofE.

Download the DofE smartphone app
free from Google Play and the App Store

