



# PE - Recommended Reading



★ - More Challenging

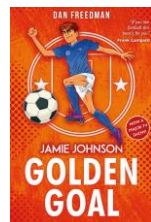
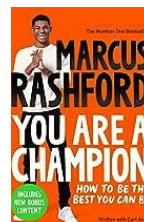
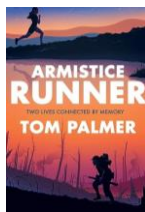
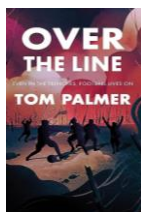
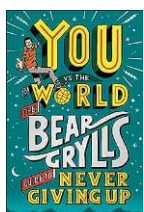
KS3

Year 7

Year 8

Year 9

- You Vs the world guide to never giving up- Bear Grylls
- Over the line- Tom Palmer
- The wonder team and the forgotten footballers- Leah Williamson
- Armistice Runner- Tom Palmer
- You have the Power- Leah Williamson
- Marcus Rashford you are a champion how to be the best you can be.
- Jamie Johnson football series- Dan Freedman
- The Crossover series 3 books collection- Kwame Alexander



KS4

Year 10

Year 11

- Its not about the bike, my journey back to life- Lance Armstrong.
- The Extra Mile – Kevin Sinfield
- Lioness, My Journey to Glory – Beth Mead
- Women in Sports: 50 Fearless Athletes Who Played To Win by Rachel Ignatofsky
- Ben Stokes On Fire- My summer of England's summer to remember
- Tom Brown's school days

