

FOOD TECHNOLOGY

CURRICULUM INTENT

“Give a man a fish, and he will be hungry again tomorrow; teach him to catch a fish, and he will be richer all his life.”

Food is a vital part of our daily lives and is essential for life. As our students become adults and have busy lives, it is easy to choose food which has been ready prepared. However, it is more nutritious and often cheaper to cook simple, delicious food.

At Toot Hill School, students develop their knowledge and understanding of nutrition, healthy eating, food preparation, hygiene, cooking techniques, and sensory characteristics.

We;

- Give our students vital life skills that enable them to feed themselves and others affordably and nutritiously, now and later in life. (Purpose)
- Develop understanding that will allow students to become discriminating consumers of food products, enabling them to participate in society in an active and informed manner. (Responsibility)
- Engage with students to encourage them to understand the environmental factors which affect the inequalities in food distribution on a global scale and give them an understanding of the need to minimise 'food waste' starting with their own practise. (Integrity)
- Encourage the development of high skills and resilience in a safe environment, allowing students to demonstrate commitment and act on feedback. (Determination)
- Allow students to explore a number of multicultural perspectives concerning food. Students will enhance their understanding, appreciation and acceptance of people from a variety of cultural backgrounds through the preparation of food from different countries. (Empathy)
- Empower students to enable them to follow a recipe and substitute ingredients and cooking methods as appropriate, demonstrating an understanding of food choices e.g. veganism, allergies and healthy eating.
- Encourage our students to develop an awareness and acceptance of diversity within our community.

Through Food Technology students are provided with a context through which to explore the richness, pleasure and variety that food adds to life.