

Nottinghamshire Virtual School

The Virtual School will be delivering the following face to face workshops for parents and carers of previously looked after children

Thinking about Emotions (Workshop 1 of 3)

Thursday 24 November 2022, 10.00 - 13.00, at Edwinstowe House, Mansfield, Notts NG21 9PR

This session will focus on thinking about how children and young people understand emotions and what can happen when emotional dysregulation occurs before introducing the Emotion Coaching Intervention so that families can use this as a tool to teach and support children and young people in understanding and managing their emotions.

Understanding Anxiety and Change (Transition) (Workshop 2 of 3)

Thursday 23 March 2023, 10.00 - 13.00, at the Mercure Hotel, Nottingham, Sherwood NG5 2BT

This will focus on the impact of anxiety on children and young people's emotional responses particularly at times of stress and consider strategies which can support managing these anxieties.

Processes and Who's Who in SEND (Workshop 3 of 3)

Thursday 22 June 2023, 10.00 - 13.00 at Edwinstowe House, Mansfield, Notts NG21 9PR

We will introduce the graduated response to SEND. This is the process schools go through when children are presenting with difficulties in school. We will talk to you about who the key people in school are, who can help when things are tricky and discuss how to navigate SEND processes as a parent.

BOOK YOUR PLACE NOW
at Eventbrite

Cost: Free