



WEEKLY OPPORTUNITIES NEWSLETTER

YEAR 10

w/c 23rd January 2023



Dear Student/Parent/Carer,
Recording interactions on Unifrog

Could you let Mrs Farmer know if you take part in any virtual or in person opportunities advertised in this Newsletter please? It is important that young people keep an electronic record of all the interactions you have with Further Education, Higher Education and employers. Please email ffarmer@toothillschool.co.uk with the date of the activity and the name of the activity.

Enjoy

The Toot Hill Careers Team

Use the Contents section to skip to the information relevant for you. You can use the 'Back to Top' button to get back to this Contents section.

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Career Of The Week

Physiotherapist



What you'll do

You'll be based in a hospital, health centre, nursing home, GP surgery or fitness centre. You may also visit patients in their own homes.

Examples of day-to-day tasks may include:

- helping patients with spine and joint problems
- helping patients recovering from accidents, sports injuries and strokes
- working with children who have mental or physical disabilities
- helping older people with physical problems become more mobile

You'll work in areas and departments like paediatrics, outpatients, intensive care, women's health and occupational health. In your work you'll use treatments and techniques like:

- physical manipulation and massage
- therapeutic exercise
- electrotherapy
- ultrasound
- acupuncture
- hydrotherapy

You'll keep accurate records of patients' treatment and progress. Working closely with other health professionals like nurses, occupational therapists, health visitors and social workers will also be an important part of your role.

Record relevant activities you've already done on the [Activities tool](#)

Working hours and environment

You'll usually work 37.5 hours a week.

It's important to have a good level of personal fitness as the work can be physically tiring.

Career path and progression

Once you're fully trained as a physiotherapist, you can choose to specialise in one area, such as:

- sports injuries
- critical care
- rehabilitation and pain management
- paediatrics (treatment of infants, children and young people)
- neurology (treating multiple sclerosis, Parkinson's disease and stroke patients)

If you live in the UK, you may find it useful to become a member of the [Chartered Society of Physiotherapy \(CSP\)](#).

With experience you could become self-employed and set up your own practice. In the NHS, you could progress to senior physiotherapist or move into health service management. You could also move into research or teaching.

Skills required

You'll need:

- excellent communication skills
- good manual skills
- the ability to use your initiative
- the ability to be firm yet encouraging
- organisational and administrative skills

Got evidence of these skills? Record your examples on the [Skills tool](#)

Entry requirements

You'll need a physiotherapy degree or postgraduate award approved by the [Health and Care Professions Council \(HCPC\)](#)

Relevant paid or voluntary experience may help you to get on a course. [Health Careers, Do-it](#) and the [Chartered Society of Physiotherapy \(CSP\)](#) have more information about getting work experience.

You could also gain experience through an [apprenticeship](#).

If you're a physiotherapy assistant, you may be able to take a part-time degree in physiotherapy while you're working. [CSP](#) and [HCPC](#) have details of course providers.

You'll also need an [enhanced background check](#) which your employer will arrange for you.

If you've already got a relevant degree in biological science, psychology or sports science, you may be able to take a [CSP](#) approved fast-track postgraduate course.

Related Know-how guides

Explore Know-how guides related to this career:

- [Get on the ladder: healthcare](#)
- [Employer profile: NHS, the UK's National Health Service](#)

Related university subject profiles

These university subjects are related to this career; check out their profiles on the Subjects library:

- [Allied health](#)
- [Medical sciences](#)
- [Sport science](#)

Related career profiles

You may also be interested in:

- [Fitness instructor](#)
- [Occupational therapist](#)
- [Osteopath](#)
- [Physiatrist](#)

Explore

Want to see what relevant education and training opportunities are available right now? Search here:

Allied health at uni:

[USA](#) [UK](#) [Canada](#) [Europe](#) [Asia](#) [Australasia](#) [Ireland](#)

Medical sciences at uni:

[USA](#) [UK](#) [Canada](#) [Europe](#) [Asia](#) [Australasia](#) [Ireland](#)

Sport science at uni:

[USA](#) [UK](#) [Canada](#) [Europe](#) [Asia](#) [Australasia](#) [Ireland](#)

Apprenticeships:

[UK](#)

College / Sixth Form:

[UK](#)

Labour Market Information (LMI)

UK Current Jobs

Therapy professionals (SOC3)

UK jobs: 92,939

Nottinghamshire jobs: 1,362 (11th of 214 UK LEAs)

Top 5 LEAs: Kent (2,620), Surrey (2,564), Hampshire (2,228), Hertfordshire (2,175), Essex (2,036)

UK Salary

Physiotherapists (SOC4)

UK annual median: £39,379

Therapy professionals (SOC3)

UK annual median: £36,283

East Midlands annual median: £39,189

Top 3 regions: London (£41,443), Scotland (£41,140), East Midlands (£39,189)

UK Prospects

Health professionals (SOC2)

UK growth: +14.9% from 2017 to 2027, creating 230,412 jobs

East Midlands growth: +13.1% from 2017 to 2027, creating 12,322 jobs

Subject of the week

A Level Physical Education



University courses and where you can take them:

- Sport rehabilitation (Uni of Nottingham)
- Sport and exercise sciences (Uni of Durham)
- Sports Coaching (Loughborough Uni)
- Strength, Conditioning and Rehabilitation (Uni of Gloucestershire)
- Sport and exercise nutrition (Uni of Huddersfield)

Contact:

4404GrRo16@toothillschool.co.uk

If you have any questions

Where can A Level PE take you ?

- Physiotherapist
 - Sports science
 - Sports Journalism
 - Physical Trainer
 - PE Teacher
 - Diet and Fitness instructor
- Etc. so many more options :)

Further reading and expand your knowledge :

- OCR A Level PE (year1 and 2) text books
- Tom brown school days- Thomas Hughes
- Sport and society issues and controversies- Jay Coakley
- British sport, A social history- Dennis Brailsford (1998)
- The Meaning of Sport Short Books- Simon Barnes

Watch...

- Lance Armstrong- The Big Interview BBC Documentary (2015- Youtube)
- Football going vegan (2019- BBC iPlayer)
- Tom Brown School Days (1951- Amazon Prime)
- Race (2016- Netflix)

National Apprenticeship Week / ASK programme



National Apprenticeship Week / ASK Programme

Once again, the ASK Programme are hosting a series of free events during National Apprenticeship Week, please see below for a list of our events and a link to Eventbrite to register. Our events are for students, parents/carers and teachers, feel free to share.

Monday 6th February – Launch Day

16:30 “Welcome to the World of Apprenticeships”

Eventbrite Link - <https://www.eventbrite.co.uk/e/welcome-to-the-world-of-apprenticeships-1630pm-tickets-482331956867>

18:00 “Welcome to the World of Apprenticeships”

Eventbrite link - <https://www.eventbrite.co.uk/e/welcome-to-the-world-of-apprenticeships-6pm-tickets-482974157707>

19:00 “Welcome to the World of Apprenticeships”

Eventbrite link - <https://www.eventbrite.co.uk/e/welcome-to-the-world-of-apprenticeships-1900-tickets-483798423107>

Tuesday 7th February – Employers

16:00 “Meet the Employer Unilever”

Eventbrite link - <https://www.eventbrite.co.uk/e/the-unilever-apprenticeship-program-tickets-515036015587>

18:00 “Meet the Employer - Coventry Council Apprenticeships”

Eventbrite link- <https://www.eventbrite.co.uk/e/meet-the-employer-coventry-council-apprenticeships-6pm-tickets-489662743447>

18:00 “Apprenticeships with West Midlands Police PC David Manns & PC Amy Davies”

Eventbrite link- <https://www.eventbrite.co.uk/e/apprenticeships-with-west-midlands-police-pc-david-manns-pc-amy-davies-registration-507575270297>

18:00 “Apprenticeships with Doc Martens”

Eventbrite link - <https://www.eventbrite.co.uk/e/meet-the-employer-doc-martens-tickets-507542371897>

Wednesday 8th February – Apprentices

17:00 “Meet the Apprentice from Doc Martens

Eventbrite Link - <https://www.eventbrite.co.uk/e/meet-the-apprentice-doc-martens-tickets-507602060427>

17:30 “Meet the Apprentice – Digital Marketing with John Francis”

Eventbrite link- <https://www.eventbrite.co.uk/e/meet-the-apprentice-digital-marketing-with-john-francis-tickets-510508202777>

18:00 “Food for thought! Talking about Apprenticeships with Mondelez International”

Eventbrite link- <https://www.eventbrite.co.uk/e/food-for-thought-talking-about-apprenticeships-with-mondelez-international-registration-514822075687>

Thursday 9th February – T Levels

18:00 “Welcome to the world of T Levels”

Eventbrite link - <https://www.eventbrite.co.uk/e/welcome-to-the-world-of-t-levels-6pm-tickets-484399340467>

Friday 10th February – Celebrations

14:00 “Celebration of Apprentices- Christa Bridges’ journey with PebblePad”



RAF WORLD VIRTUAL EVENT - 8 FEB 23

ROYAL AIR FORCE
REGULAR & RESERVE

NO ORDINARY JOB

RAF WORLD
ACCESS ALL AREAS

WEDNESDAY 8TH
FEBRUARY 2023
18:00-20:30

RAF World is back, and this time we're talking all things apprenticeships!

Explore exciting and unique careers in the RAF from the comfort of your home:

- Discover how we provide support on a global scale with our 360° interactive virtual world packed with interviews and information about the varied roles available
- Tune in to the Live Main Stage show to hear direct from apprenticeship graduates about their experiences, achievements, and how you can start your journey
- Plus, our RAF careers team will be on hand to answer all your burning questions!

CLICK HERE TO BOOK YOUR FREE TICKET NOW!

Click Link Below

<https://torchacademygatewaytrust.sharepoint.com/sites/toot%20hill%20school/staffresources/Departmental/Careers/Careers/Careers%20Newsletter/January%202023/RAF%20World%20Interactive%20flyer%2008.02.23%20IDE004.pdf>



YOU CAN DO SPORT

OLLERTON SITE - YEAR 10 AND 11

FOOTBALL ACADEMY OPEN EVENING FRIDAY 24TH FEBRUARY - 4-6PM

4pm - 4.30pm:

Dukeries Academy - welcome presentation from Assistant Principal, Michelle Hackett and YCDS Academy, Director, Natalia Postlethwaite

4.30pm - 5.30pm:

Football training session with YCDS Academy, Head Football Coach, Gary Charles

Parents/Guardians are welcome to have a tour of the school, and ask any questions whilst the students are training

Students will need to wear appropriate sports wear for training

Refreshments will be provided

Free Parking available on site



Unifrog



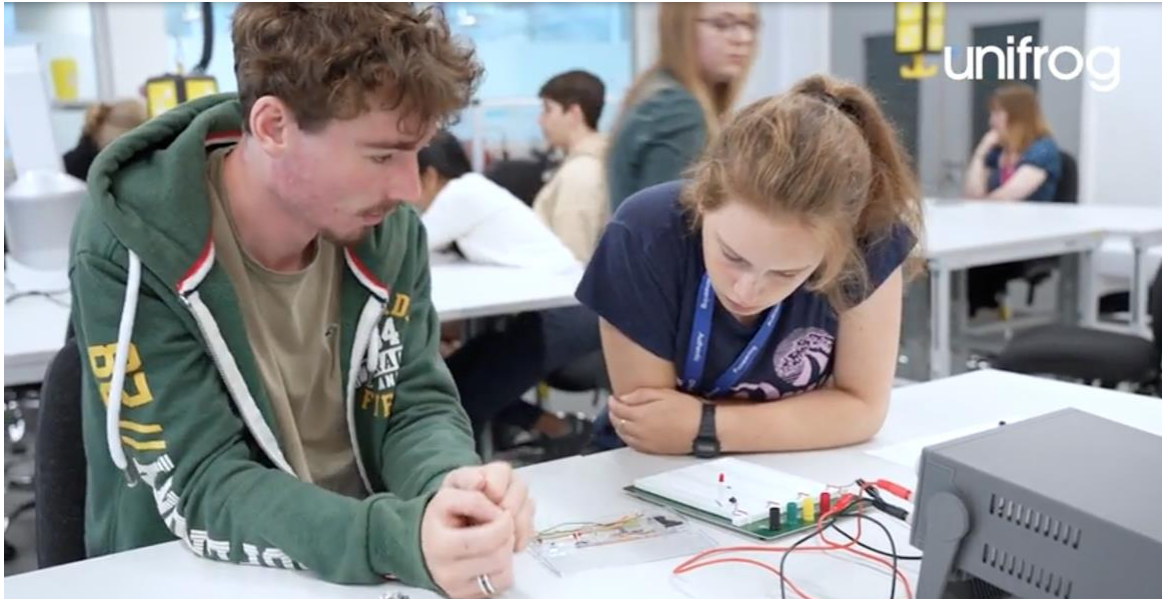
Unifrog now partners with employers, including some of the biggest household names

Our employer partners range from Lloyds Bank to the NHS, and Virgin Atlantic to Unilever. You'll see them on our webinars, sharing insights on what it's like to work for them and the skills they look out for in candidates. And you'll find all of their live opportunities – like apprenticeships and work experience placements – on Unifrog; find out how below.

By collaborating with employers, we not only give your students the chance to engage with them directly, but to easily find and apply for opportunities with them too.

> [Check out one of our employer profiles here](#)

Exciting opportunities with our employer partners



Here are just some of the live opportunities you can get involved with from our employer partners right now...

Dyson: Students can apply for a fully-funded BEng (Hons) Engineering degree, where they'll spend two days per week studying and three days working alongside experienced engineers.

Essity: A leading global hygiene and health company with live apprenticeship opportunities in engineering and manufacturing across Wales, Newcastle-Upon-Tyne, and Manchester.

EY: One of the top four professional services companies in the world, with 21 offices in the UK alone. Students can kick-start their EY career with Level 4 to Level 6 apprenticeship programmes.

Edmundson Electrical: Opportunities for Year 11s to apply for apprenticeships with the UK's largest electrical wholesaler. They'll develop their customer relations, sales, and business management skills.

Goldman Sachs: Degree apprenticeship opportunities with this global financial services company are live right now, in operations, engineering, and equities.


What's coming up: Your students calendar on Unifrog

What's coming up...

23 Jan 2023
Sponsored by Wates

Earn whilst you learn with apprenticeships in project management, community engagement, engineering and business management.

[Apply now](#)




Construction isn't just about buildings pipes and wires, it is a chance to create communities, and having a positive impact on the way people live. Wates have apprenticeships in engineering, finance, project management and business management across the UK. [More](#)

25 Jan 2023
at 18:00
Sponsored by University of Gloucestershire

University of Gloucestershire - last minute support with your UCAS application

[Book a visit](#)




If you're adding your final choices to your UCAS application before the 25th Jan deadline, don't worry! We've got lots of advice and guidance about making the most of your application, interview tips and finessing your personal statement. Best wishes for 2023. [More](#)

30 Jan 2023
Sponsored by The Dyson Institute of Engineering and Technology

Applications now open for Engineering degree apprenticeship at the Dyson Institute of Engineering and Technology

[Find out more](#)




Begin an accelerated Dyson career and gain a fully-funded BEng (Hons) Engineering degree. The Dyson Institute is a mixture of studying and starting an apprenticeship. If you have a passion for solving problems and a fascination for how things work, apply today. [More](#)

31 Jan 2023
at 17:00
Sponsored by Digdata

Online career challenge: You decide, ITVX - Ads or No Ad's that is the question!

[Register here](#)



ITVX launched in November 2022 giving millions of viewers the opportunity to watch the channel free, but with regular adverts. ITVX also offer our viewers the opportunity to pay a premium subscription and remove all of the adverts giving you more viewing time. [More](#)

1 Feb 2023
at 17:00
Sponsored by PwC

Hear from a PwC recruiter - Learn about our Degree Apprenticeship programmes

[Register here](#)

You can now see a tailored feed of opportunities on your Unifrog homepage

The 'What's coming up' feed is your students' one-stop-shop for opportunities like workshops, webinars, live apprenticeships, and open days with our employer and HE partners.

When students make a Shortlist on the University or Apprenticeship search tools, we'll share all of the related opportunities directly with them. So, if they've shortlisted an apprenticeship in engineering, they'll receive all of our employer partners' engineering apprenticeships straight to their 'What's coming up' feed!

This also works when students favourite Careers and Subjects library guides, so

make sure you get shortlisting and favouriting!

babcockTM

Insight to Babcock International - A World Leader in Engineering - Thursday 9th February, 5pm - 6:30pm

I wanted to let you know about an **exclusive insight evening** we're hosting for a new partner of ours, Babcock International.

Babcock International are a **British aerospace, defence, and nuclear engineering services company** – specialising in managing complex assets and infrastructure. **Founded in 1891**, operating in the UK, Australasia, Canada, France, and South Africa, with exports to additional markets **and employing c.28,000 employees**, Babcock International are the **world's leading**, engineering services company. And they have lots of exciting school leaver opportunities to share with you.

Do you like the idea of working on the engine parts for a huge mega ton submarine, or perhaps fitting on the armoury for a tank! Babcock's mission is to create a safe and secure world through defence capabilities that they build. If you're interested in gaining a further understanding of Babcock as a business and have the creativity, curiosity, and the passion to learn then look no further.

In return you'll hear everything about the company and the exciting opportunities they have on offer that are making a global impact.

Date – Thursday 9th February

Time - 5pm – 6.30pm

Registration link – <https://www.surveymonkey.com/r/Babcock-NAW>

Sign up here!



The banner features the Babcock Cavendish Nuclear logo at the top, with 'babcock' and 'cavendish nuclear' in white text on a blue background. Below the logo, it says 'part of Babcock International Group'. The main text reads 'NATIONAL APPRENTICESHIP WEEK EVENT'. The central image shows two young people, a woman with glasses and a man with a beard, both wearing blue Babcock work shirts, standing in front of a large industrial structure, possibly a ship's hull. The bottom of the banner has a blue bar with the text 'THURSDAY 9TH FEBRUARY | 17:00 - 18:30'.



YEAR 10 WORK EXPERIENCE WITH ROLLS ROYCE

Rolls Royce are currently offering a pilot project of placements available in February, April and June. If you are interested please contact Miss Farmer, ffarmer@toothillschool.co.uk

What will you do:

These five-day placements aim to give you the broadest possible experience in the shortest possible time.

- You'll spend on the shop floor – shadowing operators and discovering exactly what their jobs involve.
- You will also spend two days looking at things from more of an engineering perspective – how the products are designed and why we manufacture them the way we do.
- Finally, depending on the specific placement you're offered, you'll spend a day focusing in one department or aspect of that process.

By the end of your placement, you'll hopefully have a clearer idea of where your interests lie and an insight into the potential opportunities for you at Rolls-Royce in the future.

- You must be currently studying and aged 14-19
- Live within twenty miles of the location you apply for
- Able to join us on-site for five consecutive days, Monday-Friday

ROLLS ROYCE ADVANCED, HIGHER AND DEGREE APPRENTICESHIPS

Our apprenticeships are open for applications for advanced/higher and degree [Students & Graduates | Rolls-Royce](#)

If you want to talk to an apprentice RR have a stand with apprentices at the University of Derby on Wednesday 8th February 8:30-1:30pm.

If you have any comments or feedback on the Newsletters please email ffarmer@toothillschool.co.uk and not reply to this email as these Newsletters are sent from a no reply email address.

Thank you