



Recognising Excellence
in Careers, Employability
and Enterprise

GOLD AWARD



WEEKLY OPPORTUNITIES NEWSLETTER

YEAR 10

w/c 15th May 2023



**TOOT HILL
SCHOOL**

Dear Student/Parent/Carer,
Recording interactions on Unifrog

Could you let Mrs Farmer know if you take part in any virtual or in person opportunities advertised in this Newsletter please? It is important that young people keep an electronic record of all the interactions you have with Further Education, Higher Education and employers. Please email ffarmer@toothillschool.co.uk with the date of the activity and the name of the activity.

Enjoy

The Toot Hill Careers Team

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Year 10 Work Experience - 17-21 July 2023

Dear Parent(s)/Carer(s)

Thank you for all the support you are providing your child with finding work experience for 17-21 July. It is important that all students have some work experience on their CV prior to transition to Year 11.

Work experience is an excellent opportunity for young people to develop their transferable skills and gain experience. This is an opportunity for them to be treated as adults and to be independent in the workplace. Sixth Form, FE Colleges and apprenticeship providers will expect students to have had work experience and for this to feature on their CV and applications. It is great if your child can get work experience in a relevant area however if this is not possible then any work experience is good work experience. The Careers team are actively working on finding new placements for our students and these will be promoted in tutor time and in this Newsletter.

If your child has not yet found work experience, please talk to them about who is in their network of contacts, look at the Safety Measures database and research the employers in your local community. We are ambitious for our students and if they can find work experience in another part of the country that is not available in Nottingham we will support them in securing this opportunity.

The deadline is Friday 16 June 2023 and I would be grateful if all forms could be handed in tutors or emailed to me by as soon as possible please.
ffarmer@toothillschool.co.uk

If your child needs further support please ask them to speak to their tutor.

Fiona Farmer
Careers Leader

Ryan Dews Toot Hill Alumni



RYAN DEWS CLASS OF 2021



Ryan left Toot Hill School in July 2021 and although had a Post 16 destination in place he was still unsure about what he should do as his future career. He attended College which he felt was not right for him. Ryan is now a Police Constable with Hertfordshire Police.

If you would like to hear about his journey please inform your tutor or email Mrs Farmer
ffarmer@toothillschool.co.uk



Ryan will be coming into School on 7 June to share his experiences and advice.

Career Of The Week

Hairdresser



What you'll do

You may work in a large team in a busy city centre hairdressers, or in a small salon serving a local community. You could also work in hotels, spas, health clubs, prisons and care homes, or on cruise ships, film sets or armed forces' bases.

You may specialise in working with particular clients or techniques, like braiding and plaiting Afro-Caribbean hair or working in a men's barber shop.

As a junior hairdresser, your tasks may include:

- greeting customers
- shampooing and conditioning hair
- simple cutting
- making sure towels and supplies are ready for use
- keeping the salon clean and tidy
- recording services provided on cashiers' tickets or receiving payment from customers
- recommending and selling lotions, tonics, or other cosmetic supplies
- shaping and trimming beards and moustaches, using scissors
- providing skin care and nail treatments
- performing clerical and administrative duties such as keeping records, paying bills, and hiring and supervising personnel

As a senior hairdresser/barber, you'll talk to clients about how they want their hair done, give them advice and suggest style ideas.

Your tasks may include:

- cutting and styling
- colouring, perming or straightening
- advising on minor hair and scalp problems
- keeping client records, making appointments and taking payments
- ordering materials and promoting sales to customers
- keeping up to date with new trends, techniques and products
- making sure that hair products containing chemicals are used and stored safely

Record relevant activities you've already done on the [Activities tool](#)

Working hours and environment

You'll usually work up to 40 hours a week, between 9am and 6pm. This will usually include Saturdays with a day off in the week. Some salons open late on weekday evenings.

You could also choose your own hours by working freelance. You could either rent space within a salon or visit customers in their own homes.

You'll need a driving licence and vehicle as a mobile hairdresser, or if you work in more remote locations like spas.

Career path and progression

With experience you could become a senior stylist or salon manager. With suitable further qualifications, you could also move into training or assessing.

You could also open your own salon.

Other options include wig making, training in make-up techniques and working in the theatre, film and television industries.

Skills required

You'll need:

- the creativity to design and interpret hairstyles
- excellent customer service and communication skills
- organisational and time-keeping skills

Got evidence of these skills? Record your examples on the [Skills tool](#)

Entry requirements

There are no set requirements. You may be able start work as a trainee in a salon with no formal qualifications and learn on the job.

You can also train to become a hairdresser either full-time or part-time at a college. Courses are offered as standalone hairdressing qualifications or are can be combined with related subjects like beauty, make-up and nails.

You could get into this job through an [apprenticeship](#).

The [Hair and Beauty Industry Authority \(HABIA\)](#) has information about choosing hairdressing as a career.

Related university subject profiles

These university subjects are related to this career; check out their profiles on the Subjects library:

- [Textiles and Fashion](#)

Related career profiles

You may also be interested in:

- [Make-up artist](#)
- [Beauty therapist](#)
- [Image consultant](#)

Explore

Want to see what relevant education and training opportunities are available right now? Search here:

Textiles and Fashion at uni:

[USA](#) [UK](#) [Canada](#) [Europe](#) [Asia](#) [Australasia](#) [Ireland](#)

Apprenticeships:

[UK](#)

Labour Market Information (LMI)

UK Current Jobs

Hairdressers and related services (SOC3)

UK jobs: 245,863

Nottinghamshire jobs: 3,619 (11th of 214 UK LEAs)

Top 5 LEAs: Essex (7,471), Kent (6,607), Hampshire (6,326), Lancashire (5,489), Hertfordshire (5,233)

UK Salary

Hairdressers and barbers (SOC4)

UK annual median: £18,038

Hairdressers and related services (SOC3)

UK annual median: £18,317

East Midlands annual median: £16,892

Top 3 regions: Channel Islands (£21,086), South West (£21,086), East of England (£18,962)

Please click link below to see example video:

https://youtu.be/VsNHMtJq_1g

Career of the week Early Years Teacher



Labour Market Information (LMI)

Early education and childcare assistants (SOC4)

UK annual median: £19,028

Teaching and childcare support occupations (SOC3)

UK annual median: £17,768

East Midlands annual median: £17,713

Top 3 regions: London (£21,151), Scotland (£20,329), North East (£18,769)

What will you do?

You'll work with children from birth to 5 years old, to standards set out in the early years foundation stage (EYFS) framework.

Your day-to-day tasks may include:

- supporting children's development and learning through planned play, activities and tasks to build up their language, literacy and numeracy skills
- encouraging co-operation and good behaviour
- making sure the children are safe at all times

As well as working with the children, you'll:

- plan and prepare activities and materials
- set out activities before classes and tidy up afterwards
- speak to parents and carers about their children's development
- monitor children's progress, and identify and deal with any issues
- attend meetings and training courses

You'll also work with and supervise nursery workers (also known as early years educators), teaching assistants and volunteer helpers. Early years teachers can also work in maintained settings (state-funded nursery or primary schools) where classes are led by a member of staff with qualified teacher status.

Entry requirements

You'll need to gain early years teacher status (EYTS) by completing an early years initial teacher training (EYITT) course. There are several routes available:

- graduate entry – for degree holders with limited experience with children and who aren't currently working with them
- graduate employment – for degree holders currently working in an early years setting
- undergraduate entry – for those taking an early childhood degree, who may or may not be currently working in an early years setting
- assessment only – for graduates with substantial experience across the 0 to 5 age range who also have knowledge of key stage 1 and 2 in schools

For all routes you'll need:

- GCSEs at grades 9 to 4 (A* to C) in English, maths and a science subject or equivalent qualifications
 - passes in numeracy and literacy [skills tests](#) enhanced background checks by the [Disclosure and Barring Service \(DBS\)](#).
- You'll also need some experience of working with young children through paid work or volunteering, for example at a local school, nursery or on a holiday play scheme.

Working Environment

Your working hours

- will vary depending on where you work.
- State funded maintained settings are usually open during school hours, while private nurseries will often offer extended hours. Maintained settings are also likely to be closed during the school holidays.
- Nursery age children often go to school or nursery for just part of the week and sometimes only for a morning or an afternoon, so you may teach more than one group in a day.
- Nurseries can be open from around 7am to 6pm. You'll normally work up to 8 hours a day within these times. Some settings are also open on Saturdays.
- You'll also spend time outside of these hours planning, preparing and assessing activities, and attending parents' evenings and training sessions.

Skills required

You'll need:

- the ability to work well with children, parents, carers, colleagues and other professionals
 - excellent organisational and time management skills
 - creative ideas for designing learning and play activities
 - the ability to manage classes and deal with challenging behaviour
 - excellent communication skills
- patience and a good sense of humour

THE SMALLPEICE TRUST - NEWSFLASH

CyberFirst 2023 Summer Programme

Booking is now open for the FREE CyberFirst summer course programme.

NCSC's CyberFirst courses

Led by the National Cyber Security Centre (NCSC), a part of GCHQ, CyberFirst is a programme of opportunities to help young people explore their passion for tech by introducing them to the fast-paced world of cyber security.

Apply now

Are you enthusiastic about technology and interested in exploring and expanding what you know about staying safe online? Attending a CyberFirst Defenders, Futures or Advanced course could be just the thing to develop essential skills and bring a fresh purpose to your summer break.

You'll learn all kinds of practical insights into digital safety and how everyday technology really works. Course content will be delivered in our usual fun and interesting way, and you'll get to meet lots of like-minded students.

**CYBERFIRST
DEFENDERS**

[Year 10 \(England & Wales\)](#)

Young Science Writer of the Year



Who and what?

The Association of British Science Writers invites students from **non-selective state funded** schools, or those who are home schooled with disabilities and who cannot attend school in person, aged **14-16 years**, to submit an 800-word essay on any subject in science, technology, engineering and/or mathematics.

In 2023 the competition is open to students nationally.

This competition is designed to get young people writing and thinking about the big questions in science, technology, engineering and maths, with a focus on how science impacts on policymaking and society.

What are we looking for?

Great storytelling. We would love the essay to be an enlightening, informative and engaging read. We would also like it to include analysis, context, and perspective, helping the reader explore and understand the social, ethical, and political implications of scientific advances and the scientific process.

Entries are now open. Deadline for submissions: 5pm BST, 26 May 2023.

[**Submit your essay.**](#)

What should you write about?

We are keen to hear about whatever STEM topics you are passionate about; it can be anything from the role of AI in societies of the future to the importance of meeting our net zero goals in the next decade.

Here are some ideas on types of questions that could guide your essays:

How far away are settlements on Mars from becoming reality?

Should those who make science policy be scientists?

How is fast fashion contributing to the climate emergency?

What are the materials of the future and how could they be used to house growing populations?

And finally here are some questions for you to consider when thinking about the content of the essay:

How does the subject you choose relate to society?

Who are the winners and losers of scientific advance in this area?

What role should the public play in policymaking in this area?

The Award

1st prize: £1000 + mentorship + 1 year ABSW membership

2nd & 3rd prize: £250 + 1 year ABSW membership

An additional ten students receiving commendation prizes of £100 each.

The prize money will go to the winning entrants, to help support their personal development. The winner and runners-up and their entire classes will be invited to the Awards Ceremony held at the Royal Institution on **Monday 26th June 2023**. A contribution to travelling costs for the winner will be available.

In addition the winning student will have a one-hour session with an experienced journalist/editor or writer to discuss what a career in science writing entails and how best to continue honing their writing.

The winning essay will be published on the BBC news site with a mention of their school. Two runners-up will be published on the ABSW website, with a link to their essays from the winning article on the BBC news site.

How to apply

Write an essay of up to 800 words and submit it via this website by **5pm BST on 26 May 2023**.

You will need to state your name, age, school and address of the school, a short biography, and the contact details of your parents or guardians.

Please note that the winner and runners up will need permission from their parent/guardian before any details about them can be made publicly available.

Submissions must be in English.

Submit your essay.



Who is eligible to participate in this contest?

In 2023 the competition is open to students from non-selective state funded schools and who are home-schooled, aged 14-16 years , across the UK.

Can I submit a previously published essay (i.e. in my school newspaper)?

No. We ask that your essay be original for this competition. Please don't submit anything you have already published at the time of submission, whether in a school newspaper, for another contest or anywhere else.

Who can I contact if I have questions about this competition or am having issues submitting my entry?

Please email Mrs Farmer, ffarmer@toothillschool.co.uk

Frequently asked questions

Who will judge my essay?

A detailed list with names will be published after the submission closing date. The judges will include editors from the BBC and journalists from the ABSW.

How will my essay be judged?

It will be judged on:

Clarity of writing. As you have 800 words or fewer to write for a general audience you will need to make sure your essay is focused enough to be clear and concise.

Supporting evidence. Citing sources and including references to studies for example.

Language and style. Are you telling a captivating and engaging story. For example:
Does your opening paragraph hook the reader?

Can I take part if I am home-schooled?

Yes, those teenagers who are forced to be home-schooled due to disability are most welcome to submit an essay.

Am I a student at an eligible school?

If your school is listed on a Council website and is a non-selective state funded school, then it meets the eligibility criteria.

Young Professionals - KPMG Virtual Work Experience Day - May Half Term - 30 May 2023



Are you interested in kick-starting your career and gaining work-experience with a world renowned professional services firm? If so, you do not want to miss this opportunity!

Did you know that KPMG is one of the largest professional services companies in the world? With over 227,000 employees across 146 countries, their work spans five major areas of Finance and Personal Services; they Audit some of the UK's biggest companies and their people in Consulting, Deal Advisory, Tax & Law, and Technology & Engineering work, with clients (from the smallest of start-ups to international mega corporations) across every industry imaginable. One of the 'Big 4', KPMG pride themselves on being a diverse and inclusive workplace.

KPMG are hosting a work-experience day on **Tuesday 30th May from 10.00am – 4.00pm**, and we would love for you to attend. During the day, you will have the opportunity to learn key employability skills, such as how to communicate your message and build your personal brand. You will also have the chance to meet KPMG colleagues to hear about their career journeys and even complete a business pitch challenge! If you are unsure what you want to do when you finish school/college, or if you would like to explore more options, then this session is

perfect for you. The KPMG Student recruitment team will also explain the different career paths into KPMG.

This work-experience day is a fantastic opportunity for you to gain valuable insights into the world of work and build your professional network, not to mention a great addition to your CV. Plus, you can join us from anywhere in the country, as the event will be held on Zoom.

So, what are you waiting for? Sign up today and take the first step towards your future career with KPMG!

Sign-up link: <https://www.surveymonkey.co.uk/r/XV2HSGP>

**Please let Mrs Farmer know if you sign up to attend
ffarmer@toothillschool.co.uk**

Swim Teacher / Lifeguard Courses

Swim teacher course – November 2023 – you must be aged 16 to take part in the course.



www.active4today.co.uk

ACTIVE
Leisure Sport Wellbeing

sta
Health Leisure Life

SWIM TEACHER COURSES

November 2023 - 4th/5th/11th/12th

Course: Swim Teachers Certificate Course
Venue: Newark Sports and Fitness Centre

Course Cost: £200 + £50 for Rescue Test Award on 18th November.
(£100 for VISPA Students & for successful applicants gaining employment at Active4Today)

Successful course completion will include an additional cost of STA membership purchased directly off the STA website. Email us for further information and to book.

Blidworth Leisure Centre Belle Vue Lane, Blidworth, Mansfield NG21 0RD Tel: 01636 655780	Dukeries Leisure Centre Main Road, Boughton, Ollerton NG22 9JJ Tel: 01636 655780	Newark Sports & Fitness Centre Lord Hawke Way, Newark NG24 4FH Tel: 01636 655780	Southwell Leisure Centre Nottingham Road, Southwell NG25 0LG Tel: 01636 655780
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enquiries@active4today.co.uk

 Active4Today  @active4today  active4today 

Lifeguard course – October 2023 – you must be aged 16 to take part in the course.



www.active4today.co.uk

ACTIVE
Leisure Sport Wellbeing

COURSES

Pool Lifeguard Course

October 2023

Monday 23rd - Friday 27th October, 8.30am - 5pm

Venue: Newark Sports and Fitness Centre

Course cost: £250 (£100 for VISPA Students & for successful applicants gaining employment at Active4Today) Non-refundable £100 deposit payable on booking. Email us for further details and to book your place

Blidworth Leisure Centre Belle Vue Lane, Blidworth, Mansfield NG21 0RD	Dukeries Leisure Centre Main Road, Boughton, Ollerton NG22 9JJ	Newark Sports & Fitness Centre Lord Hawke Way, Newark NG24 4FH	Southwell Leisure Centre Nottingham Road, Southwell NG25 0LG
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Tel: 01636 655780 Email: enquiries@active4today.co.uk

 Active4Today

 @active4today



Newark Book Festival

Volunteering In The Community



Festival Brochures:

Please click on the link for new Book Festival Programme:

https://issuu.com/newarkbookfestival/docs/bookfestival_programme23_spreads

Barry's Eco Trail:

We invite you to participate in our 2023 Arts Trail as part of our family day at Newark Castle on Sunday 9th July and our Arts Award activities. We are seeking props to form part of an eco-world for Barry our Bookworm – can you help him make items? We are looking for insects, butterflies, bees, mushrooms, ladybirds, flowers – in fact anything you think would form part of an Eco-World, no doubt there should be some hidden books too. Your trail items can be made from any materials but remember they will be outside so need to be transportable, not too big and waterproof. Closing date for trail items is Tuesday 6th June. Let us know if you are planning on making something so we can log you! Email hello@newarkbookfestival.org.uk

The Apprenticeship Guide



May 2023

For all the latest apprenticeship resources,

visit www.apprenticeshipguide.co.uk or follow us on Twitter
via [@theapp_guide](https://twitter.com/theapp_guide)



WANT TO BOOST YOUR
CAREER PROSPECTS?



[New apprenticeship vacancies to apply for](#)

We've put together a list of new apprenticeships currently available across the country, including bicycle mechanic, sports coach and nursery educator apprentice.

DISCOVER MORE THAN 600 APPRENTICESHIPS IN ENGLAND
ORDER YOUR COPIES OF THE APPRENTICESHIP GUIDE
CONTACT LISA.MILLER@BARKERBROOKS.CO.UK





[Apprenticeships to consider if your favourite subject is Art and design](#)

If your favourite subject at school is art, and you would like to focus on your creative talent, there are a number of apprenticeships that link to your creativity, from arts therapist to fashion studio assistant.



[Employer focus: JTL](#)

Each month we will look at companies and learning providers who deliver apprenticeships and see what they can offer students. This month, it's JTL, a not-for-profit

organisation offering apprenticeships across the electro-technical and mechanical engineering services sectors.



[Build a green future: 5 high-demand careers in sustainable construction and engineering](#)

The construction and engineering industries play a vital role in shaping the world around us, but they also have a significant impact on the environment.



[Allianz is recruiting! Here's what you need to know](#)

Find out more about the new positions, as Allianz, one of the world's largest insurers, is recruiting six lift and crane apprentices.

Contacts

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SMB College Group

SMB College Group
#One of the family

Open & Taster Days!

TASTER ACTIVITIES • MUSIC • APPLY ON THE DAY

 Stephenson Campus <small>Part of the SMB College Group</small>	 Melton Campus <small>Part of the SMB College Group</small>	 Brooksby Campus <small>Part of the SMB College Group</small>
Saturday 24th June	Saturday 17th June	Saturday 3rd & 10th June
10am - 12pm	10am - 12pm	9am - 1.30pm

 *Scan here to register your place!*

THE SMALLPEICE TRUST NEWSLETTER

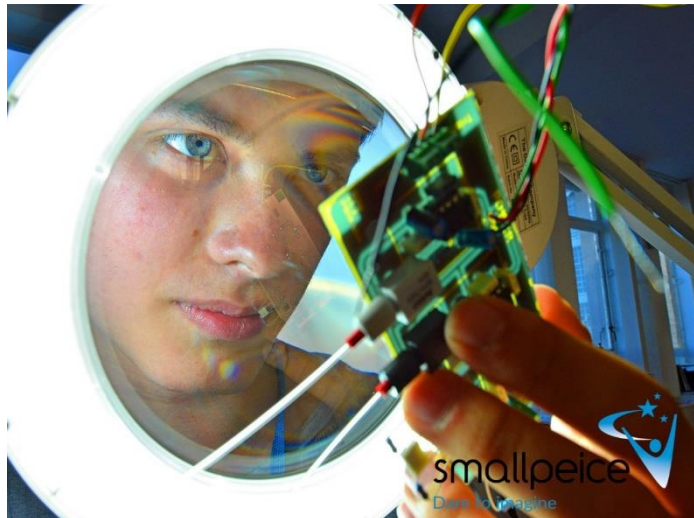
HUMAN HABITAT ON MARS (VIRTUAL) – 29 August to 31 August 2023

YEAR 10 STUDENTS

Ever thought about travelling to Mars? How would you get there? What would the impact be on the body? What type of computing equipment would we need to measure and analyse the data? On this three-day virtual course, leading academics from City, University of London will introduce you to the following three key disciplines – Aeronautical Engineering, Biomedical Engineering and Computer Science in the year 2050. All kit required for this virtual course will be mailed out to students in advance.

£99 All kit included

[READ MORE](#)



Employment Opportunities

Check out our upcoming events this May for Years 9-13.



Healthcare Virtual Careers Chat - Allied Health Professional Roles, 24th May



NHS APPLIED HEALTH PROFESSIONALS WEBINAR - 24 MAY - 11 AM - 12 NOON

Education and Employers in partnership with the NHS, are hosting a [Healthcare Virtual Careers Chat](#) themed on Allied Health Professional (AHP) roles on [Wednesday 24th May, 11:00am – 12:00pm](#).

From physiotherapists and paramedics to dieticians and diagnostic radiographers, AHP's carry out a vital part in our healthcare and there are numerous opportunities for students looking to get into the sector.

The chat is aimed at students in Year 9-13 where they'll have the opportunity to hear from a panel of Allied Health Professionals who will share insight into their roles, pathways into them and entry requirements, and tips for preparing to get your foot in the door. We'll also have Q&A's throughout where students can send in questions for the panel.

If you are interested, please let Mrs Farmer or your tutor know by Thursday 18 May 2023.

If you have any comments or feedback on the Newsletters please email ffarmer@toothillschool.co.uk and not reply to this email as these Newsletters are sent from a no reply email address.

Thank you